

Red Sea Bulletin

№ 5 · 2014

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Where 2 go?
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Real Estate a d v i s o r



1,600,000 Euro

This exclusive sea front villa was planned and is owned by Austrian Dipl. Eng. Markus Woerndl. Located on a plot of 3000m² it features 655m² of living space with ceiling height between 3.6m and 5.2m, 2 swimming pools, a private sandy beach of 300m², parking space, everything you need for a luxury life on the Red Sea.



Real Estate Advisor:

Mobile: +2 0128 279 72 74

www.realestate-advisor.net info@realestate-advisor.net

Hurghada, El Mamsha, Kotta's West Side Mall, First Floor, in front of Marlin Inn



Fun 4 Everyone



Located in the integrated getaway "Madinat Makadi" only 30 minutes from Hurghada International Airport, "Makadi Water World" is Egypt's largest aqua park with its 50 slides suitable for adults & Kids. The **19 meters' "Free Fall", "Tsunami" & "Space Hole"** are only part of the thrilling collection of 25 different adults' slides, while kids will have fun in their **"Sharks House", "Kids Pool" & "Pirates Pool"** slides.

Open daily from 10:00 am until 5:00 pm

Enjoy delicious sandwiches, pasta, pizza, pastries, ice creams, waffles & different beverages for **FREE!**

Outsiders admission fees:

Family Entry (2 adults & 2 kids below 12 years)	L.E.650
Adult Entry	L.E.275
Child Entry (Below 12 years)	L.E.175

Groups up to 15 persons fees:

Adult Entry	L.E.225
Child Entry (Below 12 years)	L.E.125

For more information, please call: 0100 344400

Madinat Makadi, P.O. Box 178, Hurghada,
Red Sea, Egypt.
Hotline: +20 - (0) 2 - 16416
Tel: +20 - (0) 65 - 3590 530
Fax: +20 - (0) 65 - 3590 540
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Night Life Parties every **MONDAY & FRIDAY**



COLOR BEACH CLUB
HURGHADA

For Membership Information

Please Contact:

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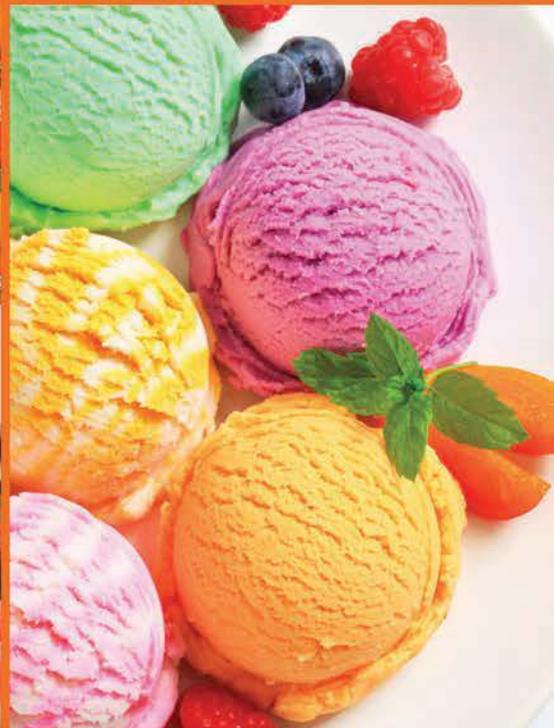
Da Nanni
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EVERY WEDNESDAY starting 9 pm
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Facebook: <https://www.facebook.com/StarGymHurghada>

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IL CHICCO d'ORO

CAFFETERIA  GELATERIA  RISTORANTE

After lots of guest requests, Il Chicco d'Oro have added their famous lasagne abruzessi with meat or vegetables; also with porcini mushrooms and artichoke, to their menu. However, this isn't the only addition! They're also making cannelloni with ricotta cheese and spinach; all of which can either be eaten at the place or ordered for takeaway.

This comes on top of their already beloved homemade ravioli and fettuccine. All dishes are seasoned with homemade sauces.

More on pages 58 & 59



German Consular Service to the Red Sea Governorate

Red Sea Bulletin, in its July/August issue, reported the inauguration of a new honorary consul of Germany, who was supposed to take over the work of Honorary Vice Consul Dipl. Phys. Peter-Juergen Ely. Unfortunately the honorary consul resigned from his position after just one month in office. The German Embassy in Cairo announced that there is no consular service in the Red Sea at the present time. All current duties will be assigned to the embassy in Cairo, but they are planning to hold monthly meetings in Hurghada to take care of the needs of the German community and tourists in the area. Details will be announced on the website of the German Embassy in Cairo.



FREDs SWIM ACADEMY stands for safe & fun swimming and more ...



FREDs further cares a lot about Medical First Aid education: recently they taught children complimentary at EGIS (El Gouna International School) and DSH (German School Hurghada) how to react in case of an accident and certified them as Junior Emergency Responders. The FREDs First Aid courses for teens are based on many practical exercises and scenarios, videos and work sheets for the participants.



Robinson Club Soma Bay booked FREDs to refresh their knowledge of Medical First Aid and the use of Oxygen.

Information for hotels, restaurants, schools & nurseries: Sandy 01223459004

More on page 39





Sliders Cable Park El Gouna for Wakeboarding & Waterski

NEW

The only cable park in Egypt, and one of the largest worldwide, Sliders is the perfect place for wakeboarding, kite-surfing, water skiing, snowboarding and skiing enthusiasts. The venue accommodates both amateurs and professionals, and provides a relaxing ambience and entertainment for families to enjoy. Sliders meets Olympic standards, which makes it perfect for all-year round training. The infrastructure was created in cooperation with Rixen Cableways - worldwide proven leader in cable park building, and the entire area consists of 90,000 m2. More on page 33

Cordoba – Luxury residence in Hurghada

Uniestate for Contracts & Real Estate presented a new residence project in Hurghada: Cordoba Residential Building, which is located beside El Mamsha and next to the hotel zone in El Kawther district.

The idea of Cordoba is to have a home with conveniently quiet surroundings, all sorts of useful services and amenities nearby, yet located close to the sea. Stylish and comfortable homes maintaining a certain standard not only inside, but also matched on the outside with good ventilation and lighting systems, as well as a cozy landscape. Do not miss this special payment opportunity: you can pay only 50% upfront and other 50% - over 2 years! More on page 17



Russian Consulate session in Hurghada

Уважаемые граждане России, проживающие в г. Хургада!

Консульский отдел Посольства России в Египте информирует Вас о предстоящем выездном консульском приеме российских граждан в г. Хургада 09 и 10 октября 2014 года по адресу: конференц-зал, Отель Sunrise Grand Select Crystal Bay Resort (Hurghada, Safage Road).

Прием граждан 09 октября 2014 года - с 09:00 до 18:00 и 10 октября 2014 года - с 09:00 до 12:00.

В ходе выездной сессии сотрудники консульского отдела будут консультировать по консульским вопросам, а также принимать документы на замену общегражданского заграничного паспорта сроком действия 5 лет и на оформление гражданства России. В этой связи просим заранее подготовить соответствующий пакет документов. Полный пакет необходимых документов Вы можете найти на официальном сайте Посольства России в Египте в разделе "Консульская информация". Убедительная просьба при подаче документов указывать адрес своей электронной почты, по которой Вас можно будет уведомить о готовности документов.



AHMED GABR's challenge to beat a world record In Deepest Scuba Dive



As an 8-year-old boy, watching the TV show "The Marine World", Ahmed Gabr liked to imagine himself deep in the blue sea pictured on the screen, surrounded by colorful corals and fish.

Now 38 years old with 13 years of diving experience under his belt, Gabr is going to attempt to break the world record by completing a 350 metre dive. To dive deeper than anyone has before.

The world record is currently held by Nuno Gomes to a depth of 318.25m also in Dahab, Egypt back in 2005. Ahmed is aiming for a depth of 350m to be done on the 18th of September 2014. His attempt has been assessed and accepted by Guinness World Records. The world record attempt will be subject of a documentary filmed by Didier Noirot who has previously won an Emmy for his work on the BBC documentary The Blue Planet and has filmed for Jacques Cousteau on the Calypso.

HOTELPLANNER.COM

PGA EUROPRO TOUR ANNOUNCES VISIT EGYPT TOUR CHAMPIONSHIP

Europe's leading development tour will conclude its season in El Gouna, at Steigenberger Golf Resort, El Gouna, Red Sea this October 29-31.

Ahead of the event the Order of Merit will be renamed the "Race To El Gouna". The top 60 golfers on the Race To El Gouna at the conclusion of the HotelPlanner.com PGA EuroPro Tour season will be invited to participate in the event, which carries a £60,000 prize fund.

The best players on Europe's leading development tour will be competing to seal their place in the top five on the Race To El Gouna at the end of the event and earn themselves a Challenge Tour card for 2015.

Daniel Godding, Director of Operations at the HotelPlanner.com PGA EuroPro Tour, said: "Golf Club & SPA" in El Gouna will prove a fantastic setting for our season-finale, the Visit Egypt Tour Championship".



2nd ODEON Penalty Tournament at Grand Club Hurghada



On August 28th 2014, ODEON Tours Egypt held its 2nd Football Penalty Tournament in a warm atmosphere of partnership, fun and competition with participation of 15 hotels of the Red Sea region at Grand Club Hurghada. The champion of the 1st penalty tournament, which took place on August 24th 2013 at Grand Club Hurghada, was Azure Hotels.

The celebration started at 7:30 pm with the Egyptian national anthem and a welcome speech that presented the previous achievements of the participants.

Coral Travel / ODEON Tours (Sun Family Club) pedagogues had an innovative and a very special entertainment program for children and after a strong competition, ODEON Tours Egypt Contracting Manager Mr. Ahmed Azmy awarded the medals to the third place winner Harmony Makadi Bay Hotel & Resort, and Asst. General Manager Mr. Abdel Halim Mohamed awarded the Second Place winner Golden 5 Hotels, and finally, Golden Medals and Cup went to the tournament champion Regina Aqua Park Beach Resort, which was awarded by ODEON Tours Egypt's General Manager Mr. Mehmet Tunç Müstecaplıoğlu.





per glass (0.2)

LE 25

White
Chardonnay & Vermentino

Rose
Grenache & Montepulciano

Red
Cabernet-Sauvignon & Merlot



Served at the right temperature to satisfy your palate



A Water Engineering Company
THINK GREEN AND SAVE BLUE

The sister company of Indian based "Blue and Green Consultants Pvt. Ltd." opened two years ago in Hurghada and brought an enormous experience in water & waste water treatment to Egypt. Hotels, the petroleum industry, governmental bodies and the private sector profit from the know-how of Indian experts.
More on page 22.

Cleopatra You ...but improved!
Beauty Lifestyle

Permanent Make-up



Be confident for 24 hours a day, even after exercising, swimming and everyday activities:

Eyebrows - Perfectly Arched
A suitable, individually chosen color will outline your eyebrows, the Permanent Make-up pen delicately creates the appearance of fine hair.



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Lips - Flawlessly Coloured
Permanent Make-up helps you achieve flawless lips and stop lipstick from bleeding! Once completed, you will have perfectly applied constant lip color.

You ...but improved!
More on page 21

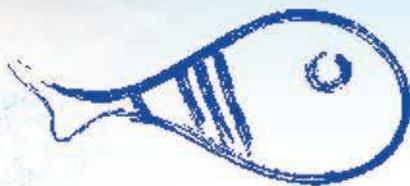
New E-learning system at Sunrise School

Dr. Gamal El Araby held a meeting with the school management and teachers, and discussed the latest development in education. It was decided that the new E-learning system with advanced audio visual methods will be intensively used. To widen the knowledge base and to improve critical thinking researches on the internet will also receive more attention.

There will also be two days after school day activities such as volleyball, football, tennis, basketball, horse riding, as well as lessons for music and art. Each activity will have well trained teachers and instructors.
More on page 41



There is something fishy happening at BULLS.....



AL PORTO

Italian Executive Chef Mariangela goes into a partnership with BULLS, one of Hurghada's oldest restaurants. She perfectly knows how to prepare authentic Italian dishes to the highest standards. Al Porto Fish Restaurant will open in September on the 1st floor of BULLS restaurant. Traditional Italian dishes are waiting for you!
More on page 65



Rania and Labib Kallas from wine producer EgyBev Important information for all restaurants serving wine



White wines should be chilled to a temperature 7 to 9 degrees Celsius, a good range for serving red wine 16 to 18°C (our Shahrazade should be served at 16°C), rose is typically served at the same temperature as white wine as for champagne or sparkling wine should be served between 4 to 6°C.



Europcar



Europcar are now everywhere in Egypt: They have the widest network with branches in Sheraton Heliopolis, Cairo airport, 5th settlement, Sharm El Sheikh, Hurghada, Alexandria, Marsa Alam and Luxor. See for yourself how easy it would be to pick up the car from the station most suitable to you, then to turn it back in any of the other stations. This is by far the best solution to facilitate your life. Whatever reasons you have to rent a car, Europcar is the best solution for all your needs. Go directly to their accessible website, search, select and easily book online:
www.europcar.com.eg
More on page 81

Da Nanni and Color Beach Club Partnership

Live Entertainment and Live Fire Show every WEDNESDAY!



Color Beach continues to deliver new surprises to Hurghada's Day and Night Life. The latest addition to the Color Beach Club venue was the opening of the renown Italian and International Cuisine Restaurant Da Nanni. Now you can enjoy superbly prepared authentic Italian pizzas starting at 24 EGP!!! In addition, a Sushi Bar and also the original Italian ice cream Polo Nord will be served at Color Beach. With this new Food and Beverage addition a new theme evening will be introduced with Live Entertainment and a Live Fire Show every Wednesday starting at 9pm. Luca and Angela Sanchioni, owners of Da Nanni, Polo Nord and Sushi Bar signed up with Color Beach as of 1st September 2014. Good Luck to all!!



B's at Marina



Barbara and Thomas Bordiehn came up with a special offer during the Open Evening Festival at Hurghada Marina Boulevard on 27 August: a 3 course menu for LE 99. It's very convenient that the Hurghada upscale restaurant made its delicious food available for everyone.



Summer salad with Persian chicken, orange filets and nuts



Sea Bass with horseradish crust and sautéed courgettes



Rump Steak with caramelized onions and Bedouin potatoes



Peach Melba: Peach with red berries sauce and vanilla ice cream

All tables have been fully booked in advance. Due to the great success B's plans to have similar offers on weekly basis. Check out B's facebook: Bordiehns Egypt



New in Hurghada

Mareeze Music Center

Mareeze Music Center is a sophisticated place in El Kawther (near El Ezaby pharmacy) aiming to teach classic music - instruments and singing - to all kinds of students from beginners to advanced. Teachers at the center believe that music is the food of soul and thus intend to offer organic mind and soul food to nourish humanity. Mareeze Music Center was founded by Mr. Waleed Farouk, the famous piano player and older brother of Dr. Wael Farouk, a piano professor at Roosevelt University in Chicago-USA. Their evident passion will guarantee you a good music education and satisfy your expectations.



Follow the latest news on facebook:
Mareeze Music Center
Mobile: 010041038303
01278889155



The German School Hurghada started the new school year 2014/2015 on 31st of August and held an enrollment celebration on 1st of September. School principle Mrs. Rita Bouthier and teachers welcomed the first year students and participating parents.

The school offers great facilities for its students, spacious classrooms on 2 floors, a music room, a computer and reading corner and relaxation areas. Meals are served in the schools own restaurant in buffet style. The villas next to the main building host the library, Arabic classrooms for the pre-school, the sleeping place of the nursery, a praying room and lately also CC Red Sea, a cosmopolitan and multinational center where everybody is welcome! Outside the students find a grass covered ground with sports facilities and a jogging path. The playground for the nursery is equipped with a climbing gym, a small "city" with streets and small cars is inviting the children to play.



Star Gym FITNESS & HEALTH CLUB

the only gym in Hurghada open from 7:00 am till 1:00 am, offers you the ideal way to build your body and tone your muscles to perfection. You can also enjoy the pleasant spa facilities and consult with specialist doctors regarding your health & nutrition, as well as sport injuries. Physiotherapy and swimming pool are also available in Star Gym. More on page 6



Kempinski Hotel
Soma Bay

RED SEA EGYPT

Kempinski Hotel Soma Bay

Special Eid Al Adha Offer



Located on a unique site spanning 176,000 sqm within the Peninsula of Soma Bay with year round sunshine and moderate temperatures, the beach front hotel features an impressive landscape of pools, lazy river, waterfalls and lagoons extending more than 7000 m, leading up to a natural sandy beach with over 400 m of sea frontage.

Eid Packages start at EGP 1600 per double Lagoon View room per night on bed and breakfast basis, inclusive of taxes and service charges.

Kempinski Hotel Soma Bay

PO BOX 15, 84711 Safaga, Red Sea, Egypt

Tel.: +20 65 356 1500 | Fax: +20 65 356 1600

reservation.somabay@kempinski.com | www.kempinski.com/somabay

Kempinski

HOTELIERS SINCE 1897

Red Sea Bulletin 15

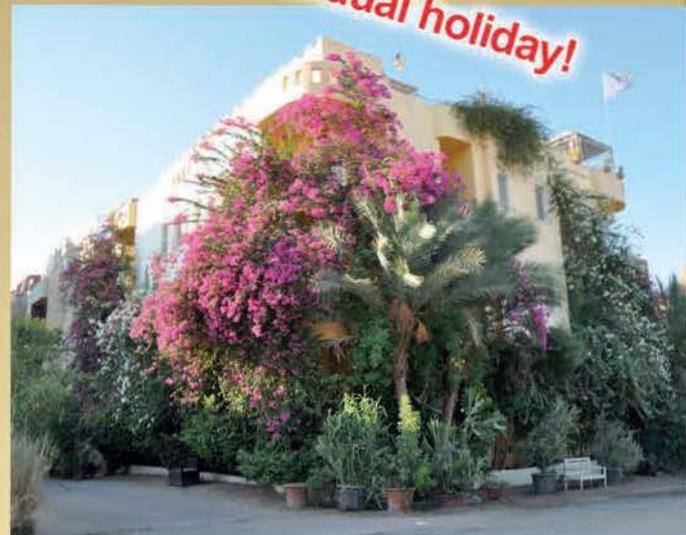
Living with Art

The guesthouse with personality in Hurghada

Book your individual holiday!

You'll find the guesthouse Living with Art right in the heart of Hurghada - next to the office of the German honorary consulate. Its cosy and familiar atmosphere makes it a special place. 16 individual and comfortable suites and a penthouse are at the guest's disposal. The patio with its tranquil seating areas invites everyone for a chat with the other guests and visitors of the house. A spacious roof terrace with Jacuzzi offers a place for relaxation with an amazing sea view, during daytime as well as in the evening.

Our individual guest rooms are unique. Decorated with many carefully selected details and coloured in warm tones, they welcome you and give you the



feeling of being at home. All rooms are equipped with air-condition, small tea/coffee kitchen and satellite TV, and have Wi-Fi. Some have an additional living area. Drinking water, tea and coffee are available free of charge in each room.

To pamper our guest's culinary sense, we prepare breakfast and dinner daily with fresh ingredients. Homemade bread, a generous selection of cold cuts and cheese, fresh juices and German filter coffee give you a perfect start into the day. Every dinner with culinary highlights from national and international cuisines will become an event, and is accompanied by an assortment of local and imported wines and beers.

The guest house Living with Art was designed and furnished by Style and Steel, a local producer of arty furniture and décor. If you are planning to give your home or restaurant a new look, please call Mrs. Karin Ely.



Our aim is to give you a home away from home which makes your relaxation possible from day one. Visit us and spend a relaxing vacation leaving nothing to be desired.

Hurghada as a Red Sea beach resort offers endless possibilities to spend your vacation in a diversified way. We complete this offer by various activities in cooperation with professional trainers. Whether you would like to go diving, snorkelling with wild dolphins, kite surfing, golfing, fitness training with a personal trainer, nordic walking in the desert, horseback riding, lazing and bathing on the beach or strolling and shopping, we are at your service and here to assist you at any time, providing you with further tips and information on the spot.



Office for rent:



Former office of the German Honorary Consul

3 connected office rooms / 1 bathroom / fully air-conditioned ground floor / separate entrance / furnished or unfurnished



Karin Ely at *Living with Art*

Hurghada - Red Sea - Egypt, Phone: +20 (0) 122 211 8338

www.livingwithart.biz

Email: ely@livingwithart.biz

 Living with Art



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UNIESTATE
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Cordoba Residence Building

Have you ever thought about owning a home?

If you have, there are some points that you should take into consideration.

The surroundings should ideally be quiet, with public services and amenities nearby, yet close to the sea. Your home must maintain a certain standard not only on the inside, but that is also matched on the outside with good ventilation and lighting. The building should clearly have a luxurious entrance, a lobby, and a waiting lounge; as well as crucial services such as security, elevators, a swimming pool, an intercom and central satellite.

We consider all this in Cordoba.

It is located beside the touristic boulevard (El Mamsha) and next to the hotel zone in El Kawther district, Hurghada. We have different spaces from 75m² to 155m².

Payment policy: 50% upfront, 50% over 2 years



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E-Mail: M.ibrahim@Artstudioagency.com
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- ♪ Seminars and Workshops
- ♪ Thematic Events
- ♪ Product Presentations
- ♪ Business Dinners
- ♪ Family Events
- ♪ Street Festivals
- ♪ Openings and much more
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3 Marketing Mistakes That Sink Business in a Recession

by Sherif Saba

A recession does not mean the end of your business unless you navigate those rough waters blindly. Here are three rocks that can sink your business ship unless you avoid them while navigating the dangerous waters of a tough market. You might get wet but no need to capsize.

Cut expenses across the board

Cut marketing. Cut staff. Cut all expenditures! This siren call is the most common and foolish mistake. It's common because it is a knee jerk reaction that requires no thinking. It's foolish for the same reasons. Making across the board cuts is a political response. It's not a smart business strategy. If cutting across the board in tough times was smart then raising all expenses in good times would also be smart.

Instead, review all expenditures and categorize each line item into A, B and C categories in terms of ROI. "A" items are those expenditures where you can measure a strong return. Continue spending and maybe even increase these investments. "B" items are those that you believe are good but you haven't yet developed an accurate measurement. Continue these activities, improve the tactics and improve the measurement. "C" items are losers. Stop these completely.

Cut your prices

You will be asked to cut your price. Don't act like that is a surprise. And don't pretend that this is the first time. So prepare for an onslaught of such requests. Prepare to deal with the price issue strategically not as a prisoner. Don't cut price - without an equivalent exchange in value or a reduction in your costs. For example you might allow a discount for early payment or a larger order.

Another way to deal with price resistance is to introduce a lower value product. At the same time introduce a higher value product so the original product which is now in the middle looks more attractive. This is a variation of the good-better-best positioning. If you can't afford a Lexus you can always buy a Toyota.

Hide

Imagine how it looks when you stop attending trade shows, discontinue your advertising, shelve your newsletter, stop meeting with clients and avoid networking events. Imagine what your clients will think, what your competitors can say and what prospects might believe. None of it will be positive for you or your business.

When times are bad, people need to hear from you more often. Especially make a point of connecting with your best clients and advocates more often. Make your connections more personable so they can feel your confidence.

For the rest of your clients and contacts find efficient ways to stay connected. Maybe it's a good time to launch your newsletter - or publish it more often. Explore the tools on the Internet that allow you to stay in touch with people easier and more cost effectively. It might be a good time to launch your blog, build your Facebook page or post videos on YouTube.

A recession can be tough. No need to panic. It's time to think and act smart with your marketing. Keep your business off the rocks while aiming for the deeper waters beyond. Don't stop paddling until you are clear of the rocks.

Sherif Saba is the Chairman and Managing Director of Lion Group International S.A.Egypt, a Marketing Services and Consultancy Group based in Cairo and The Red Sea Area. Lion Group also delivers Brands to the local and international Market. The Group has participated in the launch of many multinational brands to Egypt such as Click GSM (currently Vodafone Egypt), Sainsbury, Heineken Duty Free, Makro Cash and Carry and many others. From its own portfolio of brands Lion Group has launched "The Flowershop Company", Radius 360 Degree Marketing, Real Estate Advisor, The One Dollar Shop Concept, Kinky, Blueprint, Wayaak Communications and many others to the Red Sea Market. Its latest Brand Launch Projects were Color Beach Club for the Sunrise and Sentido Group and Pandora Club Boat in Hurghada. For a business consultation contact sherifsaba@hotmail.com.

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To help minimize these failures, chemical engineers have developed a new coating for implants that could help them efficiently address the bone preventing premature failure.

This would allow the implants to last for a duration closer to a natural lifetime, with lower risk of failure or infection. The new coating consists of a very thin ranging from 100 nanometers to one micron composed of layers of materials that help promote rapid bone growth. This material is hydroxyapatite, which is a natural component of the bone, made of calcium and phosphate. So the material attracts mesenchymal stem cells from the bone, the other layer releases a growth factor that stimulates mesenchymal stem cells to transform into bone producing cells (called osteoblasts), they start to produce new bone to fill in the spaces surrounding the implant to create a strong bond and greatly reduce the risk of bacterial infection around the implant.

It takes at least two or three weeks for the bone to fill in and completely stabilize the implant. Then the dental implant is left for several months before the patient returns to the clinic to have the new crown attached to the screw implant using a version of this coating.

To be continued...

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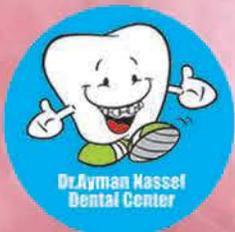
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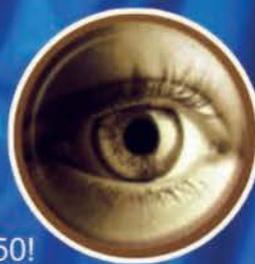
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WHERE TO GO

El Gouna

El Gouna (الجونة)

A self-sufficient, fully integrated resort town stretching across 10 km of pristine shoreline on the beautiful Red Sea coast resides El Gouna, Orascom Development's flagship town and the Group's "Life as it should be" development benchmark. El Gouna offers its guests and residents an unparalleled lifestyle attracting a growing multinational community of 24,000 residents. Year-round sunshine, shimmering lagoons, turquoise beaches, and being short flight from Europe make El Gouna the ultimate paradise escape.

El Gouna boasts world class infrastructure, upscale services and is home to some of the world's most reputable brands in the tourism and leisure industries.

The town's luxury facilities include a landing strip, 3 international standard marinas with total capacity of 282 berths, internationally acclaimed universities and schools, an 18-hole championship golf course, 17 hotels, 2 Angsana Spa outlets, and a state-of-the-art Lax Gym. The town boasts a world class international standard hospital providing 24 hour emergency care, a hyperbaric chamber for diving emergencies, and a dialysis service allowing guests to book treatments prior to arrival and a pick-up service to facilitate transport to and from the hospital.

Additionally, the town has over a hundred restaurants and bars, scuba diving, yachting, fishing, and fully-equipped water

sports centers, tennis and horse-back-riding, at El Gouna active pursuits for every age group are at hand.

A culture hub with a public library affiliated to the world-famous Bibliotheca Alexandrina, a Culturama multimedia cultural presentation, a mosque and a church, as well as ongoing cultural festivals and major events. El Gouna is also an educational pole with the only pilot campus of the Technische Universität Berlin, a field study center of the American University in Cairo, international and Egyptian curriculum schools, a German-Egyptian hotel school, and a nursing institute based on American training programs.

Contributing to its unique flair is the resort's award-winning architecture that brings together traditional elements of the land's rich heritage with modern design and functionality. The work of prestigious architects such as Alfredo Freda, Michael Graves, Ramy El Dahan, and Shehab Mazhar, among others, can be seen in the town's various neighborhoods. Here, a creative and diverse community of entrepreneurs, artists, environmentalists, and sports enthusiasts make their home and give the town an eclectic and sophisticated international flavor.

Being Egypt's most environmentally friendly destination, El Gouna is honored to be the powerhouse behind the Green Star Hotel Initiative that has since swept over the country.



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● El Gouna Winery

● West Golf Villas & Apartment

● Sliders Cable Park

● Abydos Marina



● Entrance

● Memphis IV

● Buto III

● Football Stadium

● El Gouna Airport



WHAT'S ON EL GOUNA

Every Monday

- ▶ Introduction to Golf 10 € @ El Gouna Golf Club 4pm
- ▶ Live Music Band @ Jobos' Sports Bar & Restaurant
- ▶ Cocktail Night @ Peanuts Bar Marina 10pm

Every Tuesday

- ▶ Belly Dance Show @ Raz Restaurant & Bar (from 9-10pm)
- ▶ Party with Resident DJ @ Crooners Club 10:30pm (or free music making the place yours)
- ▶ Kafr El Gouna Live @ El Kafr 8pm (live music and entertainment)

Every Wednesday

- ▶ Introduction to Golf 10 € @ El Gouna Golf Club 4pm
- ▶ Barbecue Buffet @ Mangroovy Beach Club 7pm
- ▶ Live Music @ Dunes Bar 9pm (one free beer with each order)
- ▶ Oasis Night @ Marina 7:30pm
- ▶ International Quiz and Social Games @ Crooners Club 9:30pm
- ▶ Nightlife @ Mangroovy Beach Club 10pm (dj, music & cocktails till 2am)

Every Thursday

- ▶ International DJ Party @ DuPort Pool Club (international dj every week)
- ▶ We Love Party @ Raz Restaurant & Bar 10pm
- ▶ Tamr Henna under the Stars @ Tamr Henna 8:30pm (belly dancers, tanoura, nubian show & live music)
- ▶ Pizza festival @ Dunes Bar 7pm (all pizza same price 30LE)

Every Friday

- ▶ BBQ Night @ Dunes Bar 9pm
- ▶ Ladies Night @ Crooners Club 8pm till late (also 80's & 90's music)
- ▶ Marina Street Festival @ Abu Tig Marina 8pm (live band & explosive show)
- ▶ House Night Party @ Moods Beach Club

Every Saturday

- ▶ Introduction to Golf 10 € @ El Gouna Golf Club 4pm
- ▶ Open Stage: Live Session! @ Crooners Club 10pm
- ▶ Kafr El Gouna Live @ El Kafr 8pm (live music and entertainment)

Every Sunday

- ▶ Barbecue Buffet @ Mangroovy Beach Club 7pm
- ▶ Latin Party @ Crooners Club (free salsa classes from 8-10pm)
- ▶ Urban Sunday Pool Party @ The Club House 9pm
- ▶ Latin music to dance the night away @ Crooners Club 8pm

Daily

- ▶ Happy Hour @ Moods Restaurant & Beach Club 6-7pm
- ▶ Happy Hour @ Peanuts Bar 5-6pm
- ▶ Cocktail of the day @ Tambel Irish Pub (with daily DJ music all night)

Don't Miss:

- ▶ Big International DJ event @ Sliders Malibu Beach Club during Eid (October 4-8)

Note: Programs may be changed by the outlets. Visit www.redseapages.com to find more information and announce an event or weekly entertainment program email us at: info@redsea-bulletin.com free of charge!

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Sliders Cable Park El Gouna Wakeboarding & Waterski

The latest addition to El Gouna's sport facilities is the groundbreaking Sliders, the first cable park in Egypt, the only one in North Africa and one of the biggest in the world. Whilst it is great fun zooming around the water behind a boat, at Sliders Wakeboarding & Waterski enthusiasts can simply hook up on a cable system that drags them around a set course.

The private lagoon of Sliders boasts a five pylon counter-clockwise 780m cable and a shorter 320m clockwise cable featuring 11 professional Rixen obstacles (Funbox, Elephantbox, 5 Kickers, C-Box, Up-Rail and more . . .), as well as two tower "Easy Rides" of 50m and 80m, both ideal for beginners; fun and excitement for all kinds of riders.

Equipment is available for rent. It is mandatory for all riders to wear a helmet and impact vest, regardless of their experience. The construction of the cableway was managed by Rixen Cableways' technician Simon Herrmann. Herrmann is a world champion, European champion and world record holder slalom water skier. The speed of the cables can be adjusted from zero to 60 km/h to suit the riders' level of comfort and experience.

One of the main aims is to attract championship competitions, from national to continental to world levels. The park is already booking 'wake camps', intense wakeboarding weeks, and is attracting some of the best pro riders.

Sliders is much more than just a cable park. Smart, modern, friendly and somewhat informal, the cable park has become the place in El Gouna to meet and hang out during day time. The facilities cater both to riders and those who want to spectate the action. The fully air-conditioned main building hosts a restaurant, a reception and a pro-shop with the latest equipment and fashion for sale. Walls are made of glass, allowing a stunning view over the entire watersport complex.

Doors open to the outside where there is a welcoming circular bar/restaurant area that offers great views of the park and all the action. From there you go on to a series of terraces, with lounge chairs and bean bags. The outside bar area is screened in during cooler weather. Off to the sides are a 300 square meter heated pool and a children's play area. For the riders, there are extensive covered areas with lockers, showers and changing rooms, equipment issue and storage.

The park is open from 9am until late into the evening, all year round.

For more information, rates and bookings please visit <http://www.elgounacable.com>



When the Egyptian sun sets, the nights get long and Sliders turns into Malibu Beach Club, the hottest restaurant and party zone.



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How to eat Thai Food?

Thai food is eaten with a fork and spoon. Even single dish meals such as fried rice with pork, or steamed rice topped with roasted duck, are served in bite-sized slices or chunks obviating the need for a knife. The spoon is used to convey food to the mouth. Ideally, eating Thai food is a communal affair involving two or more people, principally because the greater the number of diners the greater the number of dishes ordered. Generally speaking, two diners order three dishes in addition to their own individual plates of steamed rice, Three diners four dishes, and so on. Diners choose whatever they require from shared dishes and generally add it to their own rice. Soups are enjoyed concurrently with rice. Soups are enjoyed concurrently with other dishes, not independently. Spicy dishes, not independently. Spicy dishes are "balanced" by bland dishes to avoid discomfort.

The ideal Thai meal is a harmonious blend of the spicy, the subtle, the sweet and sour, and is meant to be equally satisfying to eye, nose and palate. A typical meal might include a clear soup (perhaps bitter melons stuffed with minced pork), a steamed dish (mussels in curry sauce), a fried dish (fish with ginger), a hot salad (beef slices on a bed of lettuce, onions, chillies, mint and lemon juice) and a variety of sauces into which food is dipped. This would be followed by sweet desserts and/or fresh fruits such as mangoes, durian, jackfruit, papaya, grapes or melon.

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Saigon Vietnamese Restaurant

A place to discover the secrets of Vietnamese cuisine! Vietnamese food culture is guided by a constant search for balance. Each ingredient possesses not only a distinctive taste, but also a specific energetic property. The cold "yin" elements are combined with the warmth of "yang" ingredients in order to achieve harmony and balance. For this reason, seemingly contradictory flavors are paired, such as seafood (yin) seasoned with chili (yang) or watermelon (yin) served with salt (yang). The same principle applies when food is used to restore balance and cure ailments; for instance, ginger soup with perilla (yang) is eaten to treat colds (yin) and onion soup (yin) is eaten to treat a sunstroke (yang).

In keeping with this principle, a Vietnamese chef combines the five basic flavors of Asian foods; salty, bitter, sour, hot and sweet. Another form of harmony consists in mingling various textures by assembling fried, steamed, raw and dried ingredients.

With the exception of salt, pepper, garlic, onion, and a few basic herbs, Vietnamese spices are completely different than those common in Europe. While ginger, galangal, lemongrass and chili have slowly made their way into world cuisine, many a westerner has never heard of Asian staples such as tamarind, knotweed, bok choy, dracontomelum, and vinegar leaf. And remember that "curry" is not just curry: Thai curry has nothing to do with Indian curry, and Vietnamese curry is something different altogether. A spice blend used in coconut milk based curries contains saffron, lemongrass and herbs, while a curry cooked with fresh milk has saffron, ginger, garlic, fennel and cardamom, and a fish curry might incorporate guava seeds and black mustard.

Vietnamese modes of preparation are equally exotic and often involve a succession of operations carried out over a period of time. For instance, o'mai is made from fresh sour apricots that are fermented, dried, salted, sprinkled with ginger, and then fried. As a result, condiments can be as simple as a lemon, pepper and salt dip or as complex as sour shrimp, which takes up to a month to make.

Last but not least, each meal should be pleasing to the eye. A Vietnamese chef spares no effort to ensure that colors and shapes complement each other, and that every ingredient is artistically arranged on the plate. Chili maybe pounded instead of sliced to give a bright red color to fish sauce, and precisely cut vegetables will be presented on a bed lettuce or banana leaf.

Come and discover chef Le Yen's interpretations of her native cuisine. Her dishes are not as spicy as you may fear, and the well-designed menu features clear descriptions of each item along with a photo so you know exactly what's coming your way!



DuPort Pool Club

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INTERNATIONAL
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Corners**
Ocean View Hotel

For more information contact us
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DuPort Pool Club El Gouna

Duport Pool Club

This fantastic and stylish venue overlooking the Abu Tig Marina was already Red Sea's most remarkable Club in 2013, when it came to DJ live performances. The private lounge beds, the swimming pool, delicious food, and cool tunes make you feel that you never want to leave. Sip your cocktails, admire the view or dance under the stars to funky world sounds, brought to you by the international guest DJ's and our resident DJ E-POP every Thursday. Check out the next column about the DJs DuPort will present during this year. There is no other club or discotheque in the Red Sea presenting DJs of this quality. The parties on Thursdays are always packed! Please reserve in advance!

DuPort is located in front of Three Corners Ocean View hotel. Doors open at 10:00pm. For up to date information please visit DuPort's Facebook page or contact 01227991304. In Association with Three Corners Ocean View Hotel

DJ List

Dux & Dum
Marco Farouk
DJ Licious
Thom Rise
Dr Papisov
Marco De La Rocca
DiMaro
Nils Van Zandt
Robert Abigail
Wout
Lester Williams
Sofa Airways
Christopher Phonk
DJ Rebel
Jan Vervloet
Erwin De Nul
Geo From Hell
X-Tof
Hector Villa
Nicola Di Salvo
Phill Watts
Daniel Bovie
Nicolaz
Praia Del Sol
Dave Lambert
Ian Prada
Mainstage Monkeys
Double Trouble
Upbeat & Mickey House
Dietroz
Madfox
and many more...

Dieser phantastische, modern gestaltete Club mit Panorama Blick auf die Abu Tig Marina hat sich bereits im letzten Jahr als Nummer 1 am Roten Meer etabliert, wenn es um DJ Live Auftritte geht. Die großen und komfortablen Lounge-Betten, der herrliche Swimmingpool, vorzügliches Essen und coole Musik verleiten Sie, für immer hierbleiben zu wollen. Genießen Sie den Ausblick mit einem Cocktail unter Sternen und tanzen Sie zu den Rhythmen der internationalen DJ Szene und unseres Resident DJs E-Pop. Die Spalte daneben zeigt Ihnen welche DJs an den Donnerstagen auftreten werden. Kein anderer Club oder Diskothek am Roten Meer kann mit so einer Qualität aufwarten. Die DJ Partys sind immer gut besucht! Bitte reservieren Sie rechtzeitig!

Der DuPort Pool Club liegt direkt an der Abu Tig Marina, gleich vor dem Ocean View Hotel und ist ab 22 Uhr für Sie geöffnet.

Aktuelle Informationen finden Sie auf der Facebook Seite des DuPort Clubs. Sie können uns auch gerne unter der Telefonnummer 01227991304 anrufen.

In Zusammenarbeit mit dem Three Corners Ocean View Hotel.



Joe

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What about your personal swim style and how about your self-rescue competence in the deep water? Any swim strokes you always wanted to learn properly?

FRED'S particularity is further to teach individuals with special needs as well as grown ups with traumas from water. The goal to swim in a safe way might be challenging if they are fears to overcome, but promising with a real intention.

Hurghada's dolphins on screen



Come and watch the award winning documentary "Adopted by Dolphins" about Hurghada's dolphin research project in English on **Thursday 6th November 2014** on big screen in Rivoli Pool Lounge. Afterwards the biologists from Care for Dolphins will present how to watch dolphins in a sustainable and respectful way.

Die beiden Biologen von Care for Dolphins präsentieren in deutscher Sprache die Dokumentation "Adoptiert von Delfinen" (ARTE TV 2013) über Hurghada's Delfinforschungsprojekt am Donnerstag, **13. November 2014** auf Grossleinwand in Rivoli Pool Lounge.



FRED'S supports www.carefordolphins.org

Take the chance, book your Personal SWIM Trainer, exclusively by FRED'S SWIM ACADEMY at Rivoli Pool Lounge, New Kawthar.

(More on page 8)



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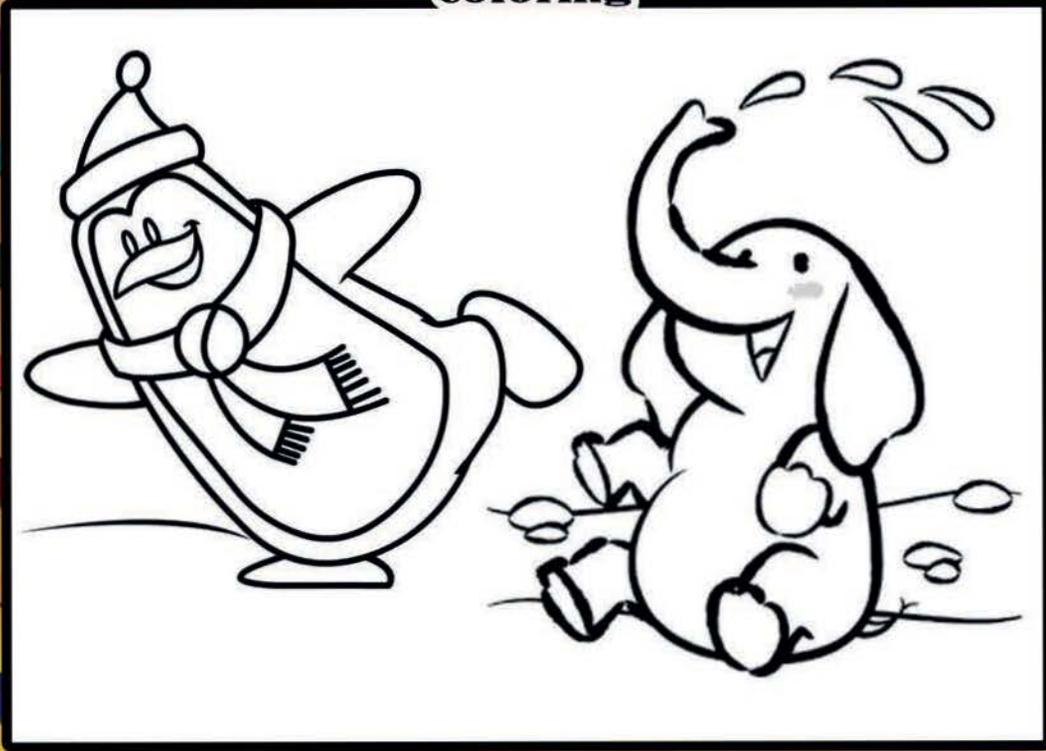


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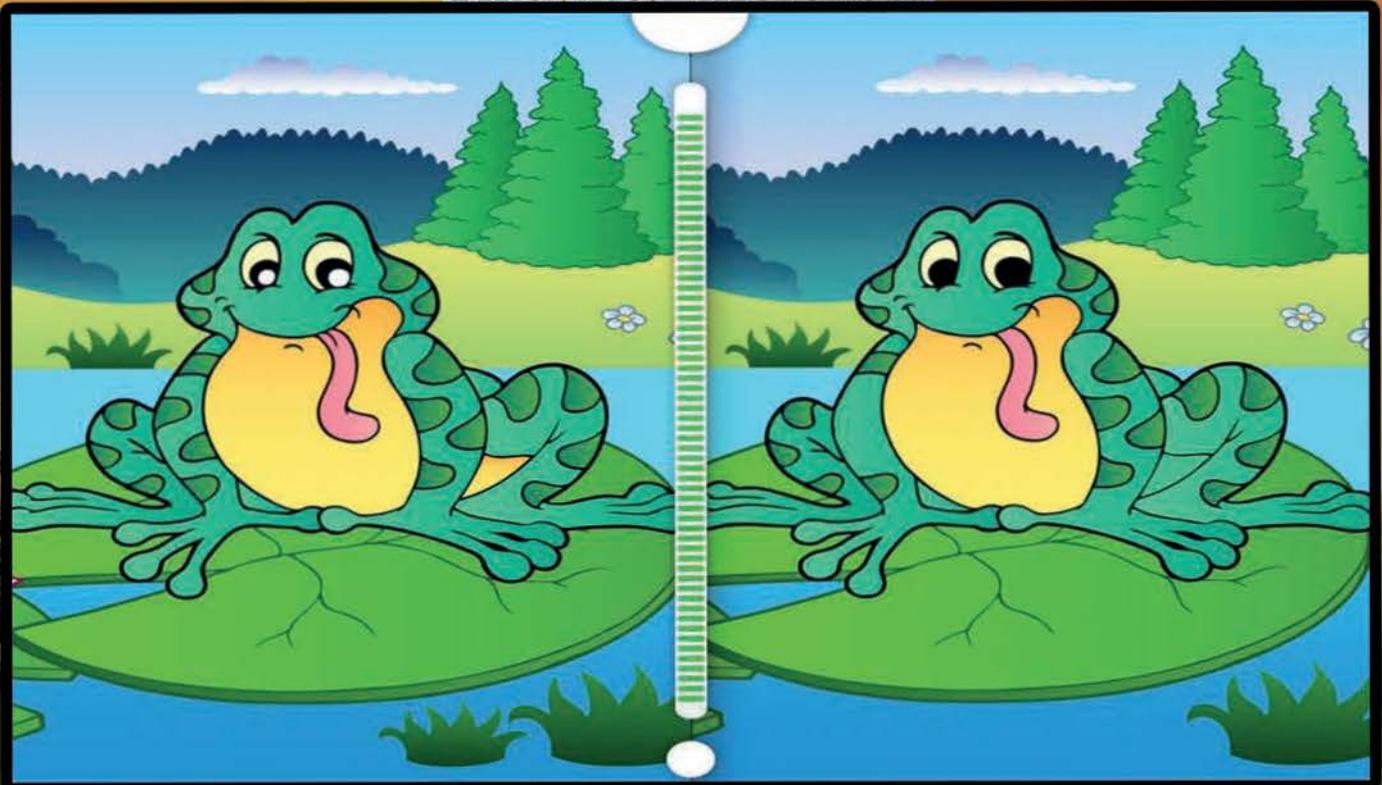
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Peek into brain shows how kids learn math skills

Simple continuous calculations for little children can make big differences in regards to their Math's capability



Sometimes in elementary school, you quit counting your fingers and just know the answer. Now scientists have put youngsters into brain scanners to find out why, and watched how the brain reorganizes itself as kids learn math. The take-home advice: drilling your kids on simple addition and multiplication may pay off. "Experience really does matter," said Dr. Kathy Mann Koepke of the National Institute of Health, which funded the research. Healthy children start making that switch between counting to what's called fact retrieval when they're 8 to 9 years old

a time when they're still working on fundamental addition and subtraction. How well kids make that shift to memory-based problem-solving is known to predict their ultimate math achievement. Those who fall behind "are impairing or slowing down their math learning later on," Mann Koepke said. But why do some kids make the transition easier than others? To start finding out, Stanford University researchers first peeked into the brains of 28 children as they solved a series of simple addition problems inside a brain-scanning MRI machine. No scribbling out the answer: The 7- to 9-year-olds saw a calculation - three plus four equals seven, for example - flash on a screen and pushed a button to say if the answer was right or wrong. Scientists recorded how quickly they responded and what regions of their brain became active as they did. In a separate session, they also tested the kids face to face, watching if they moved their lips or counted on their fingers, for comparison with the brain data. The children were tested twice, roughly a year apart. As the kids got older, their answers relied more on memory and became faster and more accurate, and it showed in the brain. There was less activity in the prefrontal and parietal regions associated with counting and more in the brain's memory center, the hippocampus, the researchers reported Sunday in *Nature Neuroscience*. The hippocampus is sort of like a relay station where new memories come in - short-term working memory - and then can be sent elsewhere for longer-term storage and retrieval. Those hippocampal connections increased with the kids' math performance. The stronger the connections, the greater each individual's ability to retrieve facts from memory. But that's not the whole story.

Next, Menon's team put 20 adolescents and 20 adults into the MRI machines and gave them the same simple addition problems. It turns out that adults don't use their memory-crunching hippocampus in the same way. Instead of using a lot of effort, retrieving six plus four equals 10 from long-term storage was almost automatic. In other words, over time the brain became increasingly efficient at retrieving facts. Think of it like a bumpy, grassy field. Walk over the same spot enough and a smooth, grass-free path forms, making it easier to get from start to end. If your brain doesn't have to work as hard on simple math, it has more working memory free to process the teacher's brand-new lesson on more complex math. "The study provides new evidence that this experience with math actually changes the hippocampal

patterns, or the connections. They become more stable with skill development. **"So learning your addition and multiplication tables and having them in rote memory helps."**

Quiz your child in different orders, she advised - nine times three and then 10 times nine - to make sure they really remember and didn't have to think it through. While the study focuses on math, cognitive development in general probably works the same way. After all, kids who match sounds to letters earlier learn to read faster. The next step is to study what goes wrong with this system in children with math learning disabilities, so that scientists might try new strategies to help them learn.



Number games could improve kids' math skills

Kids don't need math skills to glance at two groups of black dots and say which group has more dots, but practicing that intuitive task might boost their math scores, according to new research. Just as athletes stretch and jog before a competition, practicing with quantities could be seen as a warm-up for your brain to do math. For years, psychologists have known that human infants are born with an "approximate number sense," called ANS, or the ability to estimate amounts without counting. But researchers have puzzled over how this intuitive sense of number relates to and affects arithmetic skills.



Results from the study published in the journal *Cognition* show "the engagement of ANS leads to better math performance," said lead author Daniel Hyde of the University of Illinois at Urbana-Champaign. Nearly 100 first-graders from the Boston area, about half girls and half boys, participated in a series of experiments for the study. First, the researchers tested if the ability to estimate quantities could be directly tied to math skills. The kids were divided equally into four groups, and each group was assigned to make estimates and comparisons of different non-numerical things.

One set of kids had to estimate the quantity of dots in two groups of dots and say which had more. Another set of children had to "add" groups of dots together to say if a final group was larger than the previous groups. Other kids compared the lengths of lines or levels of brightness. Afterwards, boys and girls who worked with the black dots completed easy addition problems roughly 25 percent faster than counterparts who interacted with the lines or brightness exercises. On harder math problems, the black dot groups scored an average of 15 points higher - about a letter grade and a half - than boys and girls who didn't work with quantities of things. One of the most striking things was that they were able to find an effect just after a few short training exercises. Starr, a doctoral student at Duke University in Durham, North Carolina, has done similar research but was not involved in the current work.

In a second exercise, which included only 48 of the original kids, Hyde and his team wanted to rule out the possibility that the training exercises had an overall positive effect on any sort of test, not just math. So they added a language test to the quizzes given to the kids afterwards. In this second experiment, they also increased the difficulty of the math problems. The researchers couldn't find any significant differences between the groups on the verbal test. But once again, children who worked with dots did better than those who compared brightness levels when presented with a mathematical challenge. The findings show direct causal evidence that exercising the ANS, as the current study did leads to better math performance. The key takeaway here is that getting children to think about quantities or numbers can put them in a state of mind that might enable them to do better on math problems.

French researchers have been working since 2006 on a free downloadable computer game called "The Number Race," which deals with choosing different quantities. Both that game and one called "Rescue Calcularis," are tailored for children with learning disabilities, but, it's very possible they could be beneficial for all kids.

Board games like Chutes and Ladders, which require children to count spaces along the board, help them to organize their mental number line. Just like with sports, you can wonder if repeated training could have long-lasting effect on mathematical ability.



Source: Reuters

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@ 7pm Mon, Wed, Sat; @ 11am Tue, Thu, Sun
Taichi – Chi –Gong @ 10.30am (Mon, Wed)
Zumba @ 12pm (Sun, Thu) @ 8pm (Wed, Sat)

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Once-leading Red Sea oceanography institute now lifeless



Landscape of the marine biology museum located in Northern Hurghada



Several large mummified fishes in Professor Gohar's museum



Professor Gohar and his research team



Two meter mummified turtle

Hurghada is well known for its white sand beaches and picture-perfect coral reefs, but it's also home to a little-known science institute that documents the history of the Red Sea's underwater secrets.

The first of its kind in the Middle East, and the only one for 30 years, the marine biology station is composed of a research center, two museums, an aquarium and a dusty, but valuable library.

British professor Cyril Crossland established the station in 1928 when he headed a team of scholars from the faculty of science, King Fouad I (now Cairo) University on a sweeping sea journey along the Red Sea coast. They chose the station's surreal spot in the corner of Al-Suez gulf Northern Hurghada for its isolation from the hassle of human activity and the presence of a diverse biological ecology.

In the 1930s, Hamed Gohar made the center his personal rest house and research facility. Nicknamed "King of the Red Sea", Gohar cared so much about his scientific haven that he was concerned about how the food's scent might affect any treasure inside. There is no kitchen in the rest house, which has now been transformed into a second museum. Instead, his food was cooked outside in a place upwind. Born in 1907, Gohar was a medical student whose passion turned into oceanographic studies. He was the first oceanographer not only in Egypt but also in the Arab world. He earned his D.Sc. from Cambridge after an unsupervised eight-year research on the *Xenia* corals in Hurghada. He had his own show called "The World of the Seas" aired weekly for 18 years. His station is now part of the national institution for oceanography and still used as a research center.

Now his haven is deteriorating. The station is not only suffering from the evident negligence of its scientific significance, but also a lack of touristic exposure. The station's belongings were considered garbage and about to be terminated!

"We want to stimulate cultural tourism, not only coastal tourism," said Baher Ezzat, who manages the station. Entering the museum is like taking a peek into the fascinating underwater world of the Red Sea while learning about its natural history and composition. The professor solved the popular mythology of mermaids at this institution when he verified in 1942 the continued existence of a sea mammal that is anatomically similar to human beings, called the dugong, 100 years after the last specimen was recorded. During historical sightings of the dugong, sailors had confused them for mermaids.

The museums are filled up with various mummified species including sharks, moon fish, birds, and corals, most of which were caught by the professor throughout his career. They showcase a three meter manta ray shot by General Abdel Hakim Amer in 1954 and a two meter turtle.

As old as the scientific station, there are dried up plant samples and various sea species preserved in formalin like turtle eggs, shark fetuses, innards of male and female dugongs, and sea cucumbers, all still in perfect condition. There is also a photo gallery of various glorious moments in the life of Gohar.

In the museums lay Gohar's old diving suit, research boat and his complete laboratory. It is also has some of the belongings of French award-winning Naval Lieutenant and researcher Jacques Cousteau.

Cousteau, who also co-developed the Aqua-lung (now known as SCUBA) and pioneered marine conservation, presented the professor with a primitive compressor and two tubes for diving. When the station was first founded, King Fouad gave it his library, enriching it with thousands of books

In the library, there are three original volumes of the classical Description de l'Égypte (The Description of Egypt), the work of approximately 160 scholars and scientists, and 2,000 artists and technicians. More than 20 volumes enclosed scientific descriptions of ancient and modern Egypt, as well as its natural history following Napoleon Bonaparte's expedition to Egypt in 1798. There is also a 106-year-old map for the Nile basin, and a two-part atlas that previously belonged to Egypt's King Farouk I.



Mummified rabbit fish in Professor Gohar's museum



Mummified shark caught by Professor Gohar



View from Professor Gohar's rest house, Northern Hurghada



Scientific research Center's natural aquariums

The station also encompasses a cave-themed artificial aquarium with 26 tanks filled with 35 different species.

The land itself needs to be registered with the Ministry of Scientific Research or designated as a research site under the Red Sea Governorate. That cannot happen unless the people who have built homes on the land leave.

The current head of the institution, Mohamed Abdel Wahab, said that there are ongoing negotiations with the governor in order to solve any potential problems that might end up hindering the development of the place.

The Red Sea governor Ahmed Abdullah promised to take care of the place.

Original Source: Daily News Egypt (Photos & content by Aya Nader)



The marine biology station's manager Baher Ezzat

Entrance to the biology Station's library

Entrance of professor Gohar's rest house





WHERE TO GO

Hurghada

HURGHADA (AL GHARDAKA الغردقة)

Hurghada is located 22km south of El Gouna and 54km north of Safaga, with the Red Sea to the east and the mountains of the Eastern Desert to the west. Two decades ago Hurghada was a modest little fishing village and is now home to about 248,000 people. Most of them are working in services for the more than 4 million sun-seekers and diving enthusiasts visiting the area every year. Crystal clear, calm waters and fascinating coral reefs have made Hurghada, or Al Ghardaka, as the Egyptians call it, Egypt's most popular resort town with more than 250 hotels in all categories. Hurghada is divided into three parts: El Dahar (downtown) is the old part; Sakala is the city center and El Mamsha (pedestrian area) is the modern part. In all three areas you can find plenty of bazaars, shops, restaurants, bars, discotheques, fruit and vegetable markets, as well as the post office, telephone central, banks and money exchange offices and more...

Ask your tour leader for more information and have a look at the following pages "Where 2 Go?" to find out more about what Hurghada has to offer.

Hurghada liegt 22 km südlich von El Gouna und 54 km nördlich von Safaga. Östlich der Stadt liegt das Rote Meer und westlich erstrecken sich die Bergketten der Ostwüste. Vor zwei Jahrzehnten war Hurghada ein bescheidenes kleines Fischerdorf und ist jetzt Heimat von etwa 248000 Einwohnern. Die meisten von ihnen arbeiten im Tourismusgeschäft für die über 4 Million Sonnenanbeter und Tauchbegeisterte, die jedes Jahr zu Besuch kommen.

Kristallklares, ruhiges Wasser und faszinierende Korallenriffe haben Hurghada mit seinen über 250 Hotels zum meistbesuchten Resort am Roten Meer gemacht. Hurghada ist in drei Teile gegliedert: El Dahar (Downtown) ist der alte Teil, Sakala ist die Innenstadt und El Mamsha (Fußgängerzone) ist der moderne Teil. In allen drei Stadtteilen finden Sie viele Basare, Geschäfte, Restaurants, Bars, Discotheken, Früchte- und Gemüsemärkte sowie Post, Telefonzentrale, Banken, Wechselstuben und vieles mehr. Fragen Sie Ihren Reiseleiter nach Detailinformationen und erfahren Sie im folgenden Teil "Where 2 go?" mehr über Hurghada.

Хургада расположена в 22 км к югу от Эль Гуны и в 54 км к северу от Сафаги, на побережье Красного моря. Два десятилетия назад Хургада была скромной небольшой рыбацкой деревней, а теперь является «домом» для более чем 248 тысяч человек. Большинство из них работает в сфере обслуживания, поскольку больше 4 миллионов жаждущих солнца и погружающихся в пучину вод туристов, посещают этот город ежегодно. Кристально чистые и спокойные воды и живописные коралловые рифы сделали Хургаду одним из самых популярных курортов на Красном море. Более 250 гостиниц выросло вдоль побережья за эти годы. Хургаду можно условно поделить на три района: старая часть города называется Ель Дахар (Даун таун). Sakala, (Сакала) - это молодой "новый центр" Хургады. Огромный пешеходный бульвар Ель Мамша – наиболее молодая и современная часть, ориентированная на туристов. Повсеместно Вы можете найти множество базаров, магазинов, ресторанов, баров, дискотек, есть рынок, почтовое отделение, между-народный телефон, банки, пункты обмена валюты и т.д... В разделе «Куда пойти», а также у своего гида Вы можете получить дополнительную информацию о том, что Вас интересует.



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what's on

HURGHADA



Sundays

- Cultural Sunday @Caribbean Bar
- Dervish Dancer @Bordiehn's - Villa Kunterbunt at 9pm
- Tequila Night @Beneluxe Club
- Sangria Night @Peanuts Bar
- Super Quiz @South Beach at 8pm

Mondays

- Chocolate Sushi Night @Little Buddha (free entrée for ladies 12am - 2am)
- Ladies Night @Beneluxe Club
- Live Music @ South Beach
- Soul to Soul @Peanuts Bar (top pop music)
- Salsa Carnival @Famous Bar at 10:30pm
- Night Life Parties @ Color Beach Club

Tuesdays

- Back to the Roots @ Peanuts Bar (70's, 80's, 90's)
- Balloon Night @Beneluxe Club
- Fire Show @Bordiehn's - Villa Kunterbunt at 9pm
- Ladies Night @Hard Rock Café (free drinks for ladies 12am - 3am)
- New Movies & Animations @ Hungry Duck (3pm-6pm)
- Salsa & Latino @ South Beach
- Sweet Heart @White Beach Club
- Russian Night @ Famous at 10:30pm

Wednesdays

- Arabian Night @Calypso (belly dance, tanoura & oriental show)
- Belly Dance under the Moon @Bordiehn's - Villa Kunterbunt at 9pm
- Cocktail Night @Little Buddha (free entrée for ladies 12am - 2am)
- Karaoke Night with DJ @Famous Bar 11pm
- Live Acoustic Music @ South Beach
- Sing Along @Peanuts Bar (karaoke)
- Live Acoustic Performance @ Da Nanni- Color Beach Club 9pm (live band & live fire show)

Thursdays

- Social Gathering @ Guest House Living with Art 7:30pm
- Downtown Night with Live Band @ Cacao Bar
- High Heels @White Beach Club
- Ladies Night Out @ Famous Bar (free cocktails for ladies 11pm - 1am)
- Ladies Night @ Peanuts Bar
- Live Music @ Stone Restaurant & Pub
- Live Music @ South Beach

- Live Music @ Dolce Vita
- Ladies Night @ Beneluxe Club
- Live Music @ Beaches Restaurant & Pub

Fridays

- Brunch on the Beach with Dj's & BBQ @ South Beach 1pm
- Divers Night @Peanuts Bar
- Fever Night @Calypso
- Salsa Group @ Stone Restaurant & Pub
- Pink Me Up @ Little Buddha (free entrée for ladies 12am - 2am)
- Special Night @Beneluxe Club
- The Rock Station @White Beach Club (live music, beer- 40% off)
- Night Life Parties @ Color Beach Club

Saturdays

- Angels Premier @White Beach Club (Open Bar for Ladies 12am - 3am)
- VIKING Billiards Tournament @ Viking
- Divers Night "BBQ it yourself" @ Caribbean Bar Live music (pop, rock...) - Bring your own meat
- Ladies Night @ Calypso
- Karaoke Night @Papas Bar
- Mentalist Show (Mindreader, Magician) @Bordiehn's - Villa Kunterbunt at 9pm
- Ladies' Strawberry Night @Beneluxe Club
- Live Music @ South Beach

Don't Miss:

- Big International DJ event @ Sliders Malibu Beach Club during Eid (October 4th - 8th)
- Five days a week from 12am till 5am in Hungry Duck - Unstoppable Karaoke



Please note: Programs may be changed by the outlets.

Visit www.redseapages.com to find more information and announce an event or weekly entertainment program free of charge! Send updated info about events & programs in September/October by 15 August Email us at: info@redsea-bulletin.com



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Al Dau Resort



Zone Multisports

Nubia Aqua Beach Resort

Three Corners Sunny Beach

Panorama Bungalows Golden Beach Romance Village

Palma Restaurant B&G Consultants Premium Palma Resort

Festival Le Jardin Festival Riviera Mirage Aqua Park & Spa

Summer Land

El Khayam

AMC Royal Hotel

Palm Beach Resort

Royal Palm Beach

Najwa Resort

El Fayrouz

El Horeya 11

French School

Future Pioneer School

High Education Faculty

Youth Hostel

El Ahiaa

El Horeya 7

Neferty Beach

Sultana

Sea Star Beau Rivage

Map Key

- | | | | |
|-------------|----|-----------------------|---|
| Hospital | 🏥 | Fire Fighters Station | 🚒 |
| Bank | 💰 | Mosque | 🕌 |
| Police | 👮 | Central | 🏠 |
| Fuel | ⛽ | Church | 🏰 |
| Information | ℹ️ | Supermarket | 🛒 |
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| Mall | 🛍️ | | |



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Kotta's West Side Mall,

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2 BR Apartment in El Helal



2 bedrooms / 1 bathroom / 1 large living & dining room
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3500 LE monthly rent

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1 extra large living & bedroom / 1 bathroom
Built-in kitchen / privat beach / sea front
Fully furnished / fully air - conditioned / 24h security

500 USD monthly rent



Sea view Apartment



Amazing view over the Red Sea / 2 bedrooms / 2 bathrooms
Dining room / living room with American kitchen / privat beach
Large terrace with pergola / unfurnished / fully air - conditioned

5000 LE monthly rent

Studio in El Mamsha



1 bedroom / American kitchen / sea view / elevator
In the heart of Hurghada / 100 m from the beach
Fully furnished / fully air - conditioned / 24h security

3500 LE monthly rent

SALE

Contact us: +2 0128 279 72 74

Apartment in Al Ahiaa



2 bedrooms / 1 bathroom / 1 large living & dining room
1 kitchen / 150 m from the beach
Unfurnished / ground floor

37,000 EUR

Apartment in El Kawther



1 large bedroom / American kitchen / large living & dining room
75 m² / elevator / 2 pools / fully furnished - German standard
Fully air - conditioned / 24h security

49,500 EUR



Deluxe Apartment in El Hadaba



2 bedrooms / very large living room with American kitchen
4th floor with large roof terrace / elevator / top furniture
Fully air - conditioned / German owners / 125 m² / sea view

58,000 EUR

Apartment at Sara's Residence



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35LE
250gr

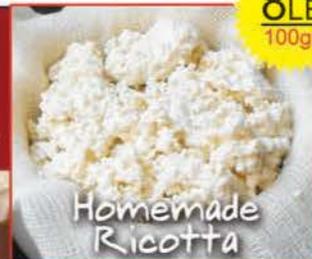


Mozzarella Normal

Homemade Fresh Italian Pasta & Sauce



8LE
100gr



Homemade
Ricotta

15LE
100gr



Mozzarella
di Bufala

10LE
100gr



Mascarpone

12LE
100gr



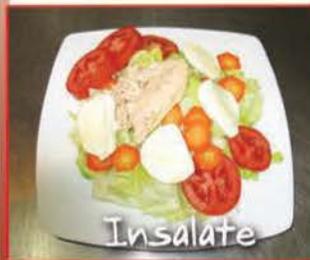
Scamorza



16LE
100gr



Gorgonzola



Insalate



Tagliere



Filetto



Panini

Esplanada Mall, behind McDonald's on Mamsha Road, Hurghada

Open from 2:00 pm till 11:30 pm (Mondays off)

Mobile: +2 010 689 372 78, Email: kafe.italia@gmail.com

Il Chicco D'oro Hurghada



DELICIOUS
Tiramisu



HOMEMADE Gelato



Cremoso



FAMOUS
Fresh Granita



Il Chicco d'ORO

Carlo and Federica, the owners, came from Italy to Hurghada and brought with them a true Italian taste and real Italian style. Choose from a wide variety of homemade products at their "Caffetteria / Gelateria" such as delicious ice cream, coffee, famous Granita (you have to try it!!) fresh fruit juices, Tiramisu and special cakes and cookies. They offer you the typical dishes from the region Abruzzo, so come and enjoy the hot dishes like Ravioli, Pasta with Pesto sauce, Chicken Escalope, Beef Fillet and also grilled Scamorza. The menu also includes cold dishes like Mixed Salad, Salad with Mozzarella cheese, Bresaola with Rucola and Parmigiano, sandwiches with different fillings, Bruschetta and the famous "Tagliere di Salumi" mixed plate with a variety of Italian specialties. As well you find fresh Mozzarella cheese from cow or buffalo milk, homemade Ricotta cheese, Mascarpone and Scamorza, everything is available for take-away. From now they also offer fresh homemade pasta like Ravioli, Fettuccine, Lasagne, Cannelloni and Potato Gnocchi and different homemade sauces, very simple for cooking at home with the whole family. For special occasions like birthdays you can order your favourite cake. You can find their ice cream and Granita in El Gouna at "Seventh Star" and Zia Amelia Restaurant", in Marsa Alam at "Dolce e Salato". **Contact them to have it served at your restaurant.**

Die Besitzer Carlo und Federica kamen von Italien nach Hurghada, um ihre italienischen Spezialitäten und Köstlichkeiten anzubieten. Wählen Sie aus einer großen Vielfalt hausgemachter Produkte in der "Caffetteria / Gelateria" wie leckere Eiscreme, Granita, Kaffee, frisch gepresste Säfte, Tiramisu, spezielle Torten und Kekse aus. Es werden auch typische Gerichte aus der Region Abruzzo frisch zubereitet. Kommen Sie und genießen Sie die frischen hausgemachten Ravioli, Pasta mit Pesto-Soße, paniertes Hühnerschnitzel und Rindfleisch Filet sowie gegrillten Scamorza Käse. Außerdem finden Sie auf der Speisekarte auch kalte Gerichte wie gemischten Salat, Salat mit Mozzarella, Bresaola mit Rucola und Parmesan, verschiedene belegte Sandwiches, Bruschetta und die Spezialität "Tagliere di Salumi". Il Chicco d'Oro bietet auch zum Mitnehmen diverse Käsesorten wie frischen Mozzarella, Büffel-Mozzarella, hausgemachten Ricotta, Mascarpone und Scamorza an. Auch werden hausgemachte Ravioli, Fettuccine, Lasagne, Cannelloni und Kartoffel-Gnocchi sowie diverse Soßen angeboten, die Sie dann zu Hause schnell und einfach für die Familie zubereiten können. Für spezielle Gelegenheiten wie Geburtstage können Sie gerne einen Lieblingskuchen bestellen. Das leckere Eis sowie Granita erhalten Sie übrigens auch im "Seventh Star" und im "Zia Amelia Restaurant" in El Gouna und im "Dolce e Salato" in Marsa Alam. **Bitte kontaktieren Sie uns, wenn auch Sie unsere Produkte in Ihrem Restaurant anbieten wollen.**

Гостеприимные хозяева Карло и Федерика (приятнейшая во всех отношениях пара) привезли с собой в Хургаду «кусочек Италии», её подлинный вкус и стиль. Всё здесь по-домашнему, свежеприготовленное и в авторском исполнении: вкуснейшее мороженое, фруктовые соки, «гранита» (напиток с ледяной крошкой), тирамису, торты, пирожные, печенье и ароматнейший кофе. Помимо сладких изысков, здесь можно отведать традиционные блюда, приготовленные так же, как это делают в итальянском местечке Абрुццо: ravioli, pasta с соусом песто, куриный эскалоп, мясную вырезку, а так же «скаморза» на гриле. Меню также включает холодные закуски: салаты, bresaola с руколой и пармезаном, сэндвичи с различными наполнителями, bruschetta и "Tagliere di Salumi" – микс итальянских закусок. А ещё вас удивят: моцарелла – на основе молока коровы или буйволицы; рикота по-домашнему, маскарпоне, различные виды пасты (Ravioli, Fettuccine, Lasagne, Cannelloni, Potato Gnocchi) и соусов домашнего приготовления. Всё можно заказать на вынос, а дома – легко приготовить, порадовав все семейство. На заказ (например, по случаю дня рождения) – вам приготовят не просто «умопомрачительно вкусный» торт, а настоящий шедевр кулинарного искусства! Мороженое и гранита «от Il Chicco d'ORO» можно также заказать в ресторанах: "Seventh Star" и "Zia Amelia Restaurant" в Эль Гуне, а также "Dolce e Salato" в Марса Аламе. **Принимаются заказы от других ресторанов.**

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Meshmesha Lounge & Bar

Since opening its doors in 2003, Meshmesha has become a very popular place to eat, drink, meet friends, relax with family or have a business appointment with a cup of coffee. The newly expanded location inside Esplanada Mall on the Touristic Promenade (Mamsha) can seat any number of guests indoors and outdoors. There are three sitting areas; an open air sunny terrace, air-conditioned rustic indoor area and the bonus of a light sunny atrium in the heart of the shopping mall, which is ideal for families with small children. The atmosphere tranquil and perfect for leisurely sipping a hot or cold drink and having a relaxed breakfast, lunch or dinner. Choose from local specialties, international dishes, pizza and pasta, along with a long list of hot drinks, cold refreshments and chilled alcoholic beverages. They also offer a variety of shisha flavors, which can be enjoyed in the open air seating. Everyone is welcome to come and eat, drink and relax at Meshmesha.

Meshmesha hat im Jahre 2003 eröffnet und ist mittlerweile einer der beliebtesten Plätze Hurghadas. Man trifft sich hier gerne zum Essen, um mit seiner Familie zu entspannen oder mit Geschäftspartnern einen Kaffee zu trinken. Beeindruckend ist, dass das bereits großzügige Lokal nun sogar erweitert wurde. Es gibt drei Aufenthaltsbereiche: eine sonnige Terrasse direkt an der Fußgängerzone, ein klimatisierter rustikaler Innenbereich und ein helles sonniges Atrium im Herzen des Einkaufszentrums, das für Familien mit kleinen Kindern ideal ist. Wählen Sie von den lokalen Spezialitäten, internationalen Speisen, Pizza und Pasta und einer langen Liste mit heißen Getränken, kalten Erfrischungen und alkoholischen Getränken. Im Freien können sie hier auch ihre Shisha mit verschiedenen Aromen genießen. Besuchen Sie Meshmesha, hier ist jeder willkommen zu essen, zu trinken und sich zu entspannen.

Впервые двери Мешмеша распахнулись в 2003 году! С тех самых пор это место стало пользоваться необычайной популярностью и превратилось в излюбленное место для встреч и отдыха. Каждый посетитель всегда найдёт себе уютное местечко для переговоров или встречи с друзьями и любимыми. Открытая терраса, зал с кондиционерами, солнечный атриум, весьма удобный для семейств с детишками... Многие посетители предпочитают сразу же «уйти в паутину интернета», подключившись через бесплатный WiFi, потягивая время от времени кальян, кофе или что-нибудь покрепче. Полноценный перекус (пицца, паста, салаты, блинчики, птица, мясо, другие традиционные блюда, десерты) обойдётся Вам совсем не дорого, всё приготовлено качественно, а цены вполне демократичны. Владелец ресторана, г. Атеф уделяет много времени и внимания своей Мешмеше, наверное в этом и кроется секрет его успеха!

Esplanada Sphinx

Now truly established as one of the best eating houses in Hurghada, on the new Village Road pedestrian area, Esplanada Sphinx is renowned for the hospitality that Tharwat and Mariam the owners have created. Whether you would like to eat al fresco or inside in the comfort of the air conditioning the choice is yours, open from 12am – 2pm daily, this restaurant can provide high quality dining at realistic prices. This restaurant has a large parking area behind the Esplanada Mall, so no worries there!

The menu is far-reaching, with specialities such as Cordon Bleu meat dishes, T-Bone Steaks, fresh Italian pasta prepared daily by Mariam, and every vegetarian's delight the open buffet salad bar. This can all be accompanied with a cold beer or a bottle of wine, or just soft refreshment. Esplanada Sphinx also offers BBQ and a children's menu for the little ones.

Special occasions like birthday parties, anniversaries can be catered for on request.

For those of us who love to 'surf the web' WIFI is available as well. Relax and enjoy your meal at Esplanada Sphinx.

For more information or to make a reservation, please contact Tharwat: 01223990482.

An der neuen Fußgängerzone gelegen, hat sich ohne Zweifel als eines der besten Restaurants Hurghadas etabliert und ist bekannt für die Gastfreundschaft der Besitzer Mariam und Tharwat. Genießen Sie Ihr Essen und Getränke auf der offenen Terrasse oder im klimatisierten Gasträum, ganz wie es Ihnen beliebt.

Esplanada Sphinx ist von 12 Uhr mittags bis 2 Uhr früh geöffnet und bietet höchste Qualität an Speisen zu gemäßigten Preisen an. Neben der Terrasse auf der Rückseite der Esplanada Mall gibt es ausreichend Parkplätze.

Die Speisekarte ist variantenreich gestaltet, Spezialitäten wie Cordon Bleu, T Bone Steaks, frisch von Mariam zubereitete Pasta und die täglich frisch zubereiteten Salate müssen Sie probiert haben. Bier, Wein und alkoholfreie Getränke sind stets richtig temperiert. Esplanada Sphinx ist das einzige Restaurant in Hurghada, das einen Holzkohlegrill ständig für Grillgerichte bereit hält.

Für die Kleinen gibt es Kindermenüs zu attraktiven Preisen.

Für diejenigen die gerne im Internet surfen oder Emails verschicken wollen gibt es jetzt gratis WIFI.

Wenn Sie eine Geburtstagsparty oder andere Feiern organisieren wollen, rufen sie einfach Tharwat an: 01223990482.



**Mixed Grill
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Wi Fi

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f DA NANNI Italian Restaurant & Pizzeria

Da Nanni... non solo pizza

Da Nanni is without a doubt one of Hurghada's best restaurants, offering a tasty selection of traditional Italian cuisine. Try the Bresaola Rucola and Grana as a starter and continue with a nice Spaghetti ai Frutti di Mare or Pesto alla Genovese; recommended are also the home made Lasagna and Ravioli. There are more than 40 different kinds of Pizza available as well as Calzone. New on the menu are Risotto ai Funghi Porcini and the delicious Tagliatelle al Tartufo.

And for dessert? Relax on the terrace and try an original Tiramisù, accompanied by genuine Danesi espresso, or Da Nanni's special Cappuccino.

Delicious is also the home-made original Italian Ice cream. Special occasions such as birthdays, parties and anniversaries can be catered for in the restaurant. Your children will enjoy spending time in the new lovely playground. If you are a laptop user, a free wireless internet connection is available in all restaurant and terrace areas. There is also a non-smoking area! Try the Fresh pastries from Da Nanni's bakery!

Da Nanni ist ohne Zweifel eines der besten Restaurants in Hurghada. Hier finden Sie eine köstliche Auswahl an traditionellen italienischen Speisen. Unsere Empfehlung: Bestellen Sie als Vorspeise Bresaola Rucola mit Grana, gefolgt von Spaghetti ai Frutti di Mare oder Pesto alla Genovese. Empfehlenswert sind auch die hausgemachte Lasagne und herrlichen Ravioli. Darüber hinaus finden Sie auf der Speisekarte 40 verschiedene Pizzen, selbstverständ-

lich auch Calzone. Neu auf der Karte sind das Risotto mit Steinpilzen und Tagliatelle mit Trüffeln. Und als Nachspeise? Entspannen Sie sich auf der Terrasse und probieren Sie das original Tiramisù mit echt italienischem Espresso von Danesi oder Da Nannis speziellem Cappuccino. Ausgezeichnet schmeckt auch die hausgemachte original italienische Eiscreme.

Spezielle Anlässe wie Geburtstage, Partys und Jahrestage können gerne auf Nachfrage im Restaurant organisiert werden. Ihren Kindern wird es im neuen Spielzimmer sicher Spaß machen! Für Laptop Benutzer gibt es im gesamten Restaurantbereich und auf der Terrasse eine gratis kabellose Internetverbindung. Es gibt auch einen Nicht-Raucher Bereich.

Probieren Sie die täglich frischen Produkte aus Da Nannis hauseigener Bäckerei!

Nesomненно это один из наилучших проверенных временем ресторанов в Хургаде, предлагающий широкий ассортимент наивкуснейших блюд итальянской кухни.

Попробуйте «bresaola rucola» и «grana» для начала трапезы, продолжив со спагетти «ai frutti di mare» или «pesto alla Genovese».

В меню представлено более 40 разновидностей Пиццы, включая «кальцоне». Обновлённое меню включает также ризотто с белыми грибами и Tagliatelle al Tartufo!

А на десерт? Расслабиться на террасе, отведав настоящий тирамизу с подлинным «Danesi Espresso» или с особым капучино Da Nanni, а на радость детворе – итальянское мороженое в авторском исполнении! Здесь можно организовать любые празднества и вечеринки: дни рождения, юбилеи, корпоративы, свадьбы и многое другое. Обновлённая площадка порадует самых маленьких посетителей.

Кроме того, есть пространство для некурящих и, конечно же WiFi!

Не забудьте так же о разнообразной выпечке: о свежих любимых плюшках!

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AL-MAMSHA, ESPLANADA MALL

On the Left of the Main Entrance on Mamsha Side

Hungry Duck Hurghada

Hungry Duck Restaurant & Sushi Bar

Restaurant and sushi bar Hungry Duck opened April 2014 in the Esplanada Mall on the popular promenade Al Mamsha and has already gained popularity among residents and tourists for its excellent cuisine and hospitality. Be sure to taste European cuisine, such as mushroom soup cappuccino or special seafood soup, proprietary tartlet chicken story or Caesar salad sashimi, homemade fettuccine, spaghetti or risotto, meat, fish or seafood with a rich selection of sauces and garnishes. Russian dishes from the Russian chef will delight you as well; traditional soup borsch and solyanka, pelmeni (dumplings with minced meat) and vareniki (dumplings with mashed potatoes), pancakes and pickles, aspic and Olivier. The sushi menu will satisfy the pickiest taste. Be sure to try Tokyo rolls, Philadelphia rolls and gunkan Ikura with Russian caviar. Afterwards indulge in the freshest cheesecake or tartatin.

Refresh yourself with a glass of draft beer or soft ice smoothie. The only professional karaoke system in Egypt (Evolution Pro 2) awaits you five days a week from 12:00 till 05:00 in Hungry Duck. Every Tuesday and Friday from 15:00 till 18:00 there are new movies and animations for show. On top of all that, there are sports on the big screen. Do not miss it!

Celebrate your birthday or an important event.

Make yourself like at home.

Hungry Duck is open for you every day from 14:00 till 05:00).

For information and reservations, call: +2 0120 667 60 09.

Look for updates on Facebook: Hungry Duck Hurghada

Ресторан и суши бар Hungry Duck открылся в апреле 2014 в ТЦ «Эспланада Молл» на туристической улице Эль Мамша и уже завоевал популярность среди резидентов и туристов отменной кухней и гостеприимством. Обязательно отведайте блюда европейской кухни: грибной суп "Капучино" или особый суп из морепродуктов, фирменную тарталетку "Куриная история" или салат "Цезарь", сашими, домашние феттучини, спагетти или ризотто, блюда из мяса, рыбы или морепродуктов с богатым выбором соусов и гарниров. Кушанья от русского повара порадуют боршом и солянкой, пельменями и варениками, блинчиками и соленьями, холодцом и оливье. Суши-меню удовлетворит самый придирчивый вкус. Обязательно попробуйте роллы Токио, Филадельфия и гункан Икура с русской икоркой. После побалуйте себя свежайшим «чизкейком» или «тартатином».

Освежитесь кружечкой разливного пива или ледяным безалкогольным «смузи».

Пять дней в неделю с 12 ночи и до 5 утра в Утке Вас ждет караоке на единственной в Египте профессиональной системе караоке Evolution Pro 2. Каждые вторник и пятницу с 15.00 до 18.00 показ новых фильмов и мультфильмов.

А также спорт на большом экране. Не пропустите главное! Отпразднуйте здесь день рождения или важное событие. Почувствуйте себя как дома.

Hungry Duck открыт для Вас ежедневно с 14.00 до 05.00 в ТЦ «Эспланада Молл», слева от центрального входа (со стороны улицы Эль Мамша).

Для информации и бронирования звоните: +2 0120 667 60 09. Следите за обновлениями на Facebook: Hungry Duck Hurghada

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- ✿ Moderate prices, beer LE 12
- ✿ Wine served at the right temperature

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Bombay

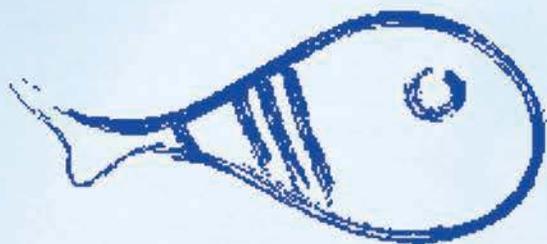
Bombay is one of the most popular restaurants in Hurghada. Michael Boshra, who already operates the Sea Bar as well as meat shops in Hurghada and El Gouna, took over the restaurant a year ago. The open-air restaurant gives enough space for everyone who wants to enjoy the perfect Red Sea weather. For the hot days a comfortable air-conditioned restaurant is also available. The international menu covers everything from Italian to the tantalizing Indian. Favorites are the pizzas served with Bombay's special marinated pepperoni. New on the menu are fresh fish and seafood from the Mediterranean and the Red Sea, Brazilian steaks and Australian Lamb chops. For the special dinner ask for original Swiss raclette and cheese fondue. Wine here gets chilled in special fridges to be served at correct temperature. Fresh juices are prepared in front of your eyes. Shisha lovers can order their water pipe in many different flavours. Wireless internet access is available. Thinking about where to arrange your next party? Bombay is the right place for you!

Bombay ist eines der beliebtesten Restaurants in Hurghada. Micheal Boshra hat das Lokal vor einem Jahr übernommen und betreibt auch die Sea Bar sowie zwei Fleischereien in Hurghada und El Gouna. Das Open-Air Restaurant bietet ausreichend Platz für alle, die das Rote Meer Wetter im Freien genießen wollen. Selbstverständlich gibt es für die heißen Tage auch einen bequemen klimatisierten Bereich.

Auf der Karte finden Sie internationale und indische Speisen. Sehr beliebt ist hier auch die ausgezeichnete Pizza, die mit eingelegten Peperoni serviert wird. Neu auf der Karte sind frischer Fisch und Meeresfrüchte aus dem Mittelmeer und dem Roten Meer, sowie brasilianische Steaks und australische Lammkoteletts. Nur hier bekommen Sie original Schweizer Raclette und Käse Fondue. Wein wird hier in speziellen Kühlschränken auf die richtige Temperatur gebracht, und frisch gepresste Säfte werden direkt vor Ihren Augen zubereitet. Sie wissen noch nicht, wo Sie Ihre nächste Party organisieren? Bombay ist der ideale Platz dafür!

Особое предпочтение из разнообразного меню можно отдать филейным вырезкам, а так же пище, которая подается с фирменным маринованным по-домашнему перцем. Об успехе свежотжатых соков, холодного пива в жаркую погоду (за 12 фунтиков) говорить не приходится. Блюда из свежих морепродуктов Средиземного и Красного морей, а так же Бразильские стейки и австралийские бараны ребрышки пополнили меню с приходом нового управляющего. Особую специфику ресторану придает наличие индийской кухни в дополнение к интернациональной. Для особого случая можно заказать швейцарские роклеты и фондю с сыром. Вино, благодаря специальной системе охлаждения, подается к столу в соответствующем температурном режиме. Наличие открытой террасы, уютного и стильного зала, стойки бара, системы Караоке, бесплатного WiFi, ароматного кальяна делают место многофункциональным и привлекательным. Свадьбы, юбилеи, дни рождения, корпоративы можно организовать с размахом. Романтический вечер тоже имеет место быть: бокал вина, отблеск свечи и место для двоих... Ф для веселых и шумных компаний достаточно места на просторной, расширенной террасе.

There is something *fishy* happening at BULLS.....!!!!!!



AL PORTO

AL PORTO Fish Restaurant will open on September 2014 in the 1st floor at Bulls

Chef Mariangela will prepare tasty Italian traditional dishes to the highest standard of Cuisine

Phone: 01016640888

Email: alportohurghada@gmail.com

Sheraton Road, opposite Marriott Hotel



Al Porto

Al Porto Fish Restaurant will open near the end of September 2014 on the 1st floor at Bulls. Tasty, traditional Italian dishes will be prepared according to the highest standard with special herbs and exclusive recipes. Master Italian chef, Mariangela will be preparing her exclusive Italian fish dishes at Al Porto.

All items from appetizers to desserts are homemade and fresh. The same applies for the breads, which are made to Italian recipes.

Mariangela, a former executive chef and owner of an exclusive fish restaurant in Italy, recently moved to Hurghada, which is great news for all fish lovers in the city.

Al Porto Fish Restaurant has an elegant "à la carte" Menu, and you may choose from Mariangela's specialities eg., Linguine alle Aragostelle, Ravioli with grouper, Tagliata di Tonno, Salmon Burger, Crispy Shrimp etc.....all cooked the Italian way.

A selection of wines is also available!

Al Porto Fisch Restaurant wird Ende September im 1. Stock des beliebten Bulls Restaurant eröffnen. Serviert werden Fisch und Meeresfrüchte, zubereitet nach traditionellen italienischen Rezepten. Meisterköchin Mariangela bereitet ihre Speisen mit ausschließlich frischen Zutaten und original italienischen Kräutern und Gewürzen zu und wird mit ihrer Kochkunst auch den höchsten Ansprüchen gerecht.

Mariangela hat in Italien über Jahre ihr eigenes Restaurant geleitet und für ihre Gäste gekocht. Sie ist vor einigen Monaten nach Hurghada übersiedelt und bringt all ihre Erfahrung in der italienischen Küche mit sich – gute Nachrichten für Liebhaber von Fisch und Meeresfrüchten.

Al Porto Fisch Restaurant offeriert ein elegantes "à la carte" Menü mit vielen Kreationen aus Mariangelas Küche an: Linguine alle Aragostelle, Ravioli mit Zackenbarsch, Tagliata di Tonno, Salmon Burger, Crispy Shrimps etc.....auf traditionelle italienische Art zubereitet.

Weinliebhaber können aus einer interessanten Selektion von Weinen auswählen.

Al Porto – рыбный ресторан планируется к открытию к концу сентября на втором этаже ресторана Bulls. Вкуснейшие традиционные итальянские блюда, приготовленные по эксклюзивным рецептам с использованием оригинальных приправ, здесь будут соответствовать наивысшему стандарту. Марианжела, шеф-повар из Италии предоставит на ваш суд свои эксклюзивные блюда. Всё перечисленное в меню – начиная от закусок, заканчивая десертами, включая даже хлеб, – свежеприготовлено из свежих ингредиентов по-домашнему, с любовью! Linguine alle Aragostelle, Равиоли с групером, Tagliata с тунцом, бургер с красной рыбкой, Хрустящие креветки и многое другое по-итальянски!

Бокал вина к вашему блюду увеличит палитру вкусовых ощущений, органично их подчеркивая и выделяя..

Добро пожаловать в Хургаду, шеф Марианжела! Радуйте и восхищайте всех своих посетителей и любителей морской итальянской кухни!








swiss specialties | live music | salsa lessons | private celebrations

Hurghada New Marina
0128 076 1034 German / English
0122 265 5809 Arabic / English
 Stone Restaurant & Bar

Stone Restaurant & Bar

Stone Restaurant & Bar is located at Hurghada Marina. The modern restaurant already made a name for itself because of its excellent European kitchen. Sandra, one of the owners, is specialized in authentic Swiss dishes. The original Spaetzle Gratin, Zurich Ragout, Swiss Meatloaf, Roesti, and the cheese fondue with Emmentaler and Gruyere are exquisite. The potato puree here is made the traditional way, by hand with a wooden masher. And for dessert? You must try the chocolate fondant or the baked apple rings. From evening the theme changes from restaurant to bar. Stone has an extensive live entertainment program. There is a live singer every Thursday and Friday is Salsa Night. Between performances, Stone plays modern background music. In general you can say that the music is not too loud, so you can have a relaxed conversation. For sport fans, Stone brings all UEFA Champions League matches live on several screens. For those who want to stay connected there is free WIFI available. Celebrate your birthday and other anniversaries at Stone! Also try the great brunch, prepared upon your order.

Stone Restaurant & Bar finden Sie in der Hurghada Marina. Das modern eingerichtete Restaurant hat sich einen Namen für seine ausgezeichnete europäische Küche gemacht. Mitbesitzerin Sandra ist auf original schweizer Speisen spezialisiert. Es gibt gratinierte Spätzli, Züricher Geschnetzeltes, Hackbraten, Rösti und Käsefondue, selbstverständlich mit original Emmentaler und Gruyere. Das Kartoffelpüree wird hier händisch mit einem Holzstampfer zubereitet. Als Nachspeise sollten Sie das herrliche Schokoladenfondant oder die gebackenen Apfelringe probieren. Grossartig schmeckt hier auch der Brunch, der auf Bestellung frisch zubereitet wird. Abends bekommt Stone einen Bar Charakter mit reichhaltigem Unterhaltungsprogramm und chilliger Hintergrundmusik. Jeden Donnerstag treten hier Live-Sänger auf und freitags wird Salsa getanzt. Angenehm ist, dass die Musik nicht zu laut ist und man sich jederzeit entspannt unterhalten kann. Auch Sport Fans kommen hier voll auf ihre Kosten. Stone bringt sämtliche UEFA Champions League Spiele live auf mehreren Bildschirmen. Für diejenigen die online bleiben wollen gibt es gratis WIFI. Feiern Sie Ihren Geburtstag und andere Jahrestage im Stone!

Stone Restaurant & Bar удачно расположен на Морском бульваре у современного причала для яхт в Хургаде. Он уже успел завоевать симпатии всех своих посетителей и зарекомендовать свою отличную Европейскую кухню. Хозяйка Sandra знает секреты приготовления настоящих швейцарских блюд, среди которых особенно хотелось бы выделить original Spätzli Gratin, pary – Цюрих, Swiss meat loaf, Roesti and the cheese fondue with Emmentaler and Gruyere. Пюре из картофеля здесь готовят по-настоящему традиционным способом, применяя деревянную «толкушку»! На десерт рекомендуем попробовать шоколадный фондо или запечённые яблочные кольца. Принимаются предварительные заказы для особых блюд и заявки для особых случаев (дни рождения, юбилеи, корпоративы...) Ближе к вечеру обстановка более напоминает уютный бар с мягким свето-дизайном и приятной современной музыкой, не мешающей вашей романтической или деловой беседе, а так же развлекательной музыкальной программой по определённым дням недели. Живая музыка – по четвергам, танцевальная вечеринка Сальса – по пятницам. Для заядлых болельщиков – матчи UEFA Champions League в прямом эфире. WIFI для посетителей – бесплатный.

White Elephant - Thai Restaurant

All the dishes are freshly prepared by the Thai Chef "Miss Somral" who has the amazing touch of combining all the original exotic Asian herbs and spices into tantalising Thai dishes.

The name "White Elephant" comes from an old legend, which says if you see a white elephant you will be blessed with luck. The restaurant features seating for 70; both inside and outside dining. Located in the New Hurghada Marina, you can enjoy the turquoise waters and the cosmopolitan feel of this promenade. Parking is available.

White Elephant is a favourite place for many managers from the 5 star hotels here in the Red Sea, as they enjoy the Thai cuisine. Some like the food so much they have made contracts with White Elephant to offer Thai food once a week to their guests.

Give yourself a treat and come and try the variety of Thai dishes and discover these exotic tastes. Alcoholic and non-alcoholic beverages are available.

Sämtliche Speisen werden von Thai Chef „Miss Somral“ und ihrem Team frisch zubereitet. Als Thailänderin hat sie das richtige Gefühl für die Verwendung von asiatischen Kräutern und Gewürzen.

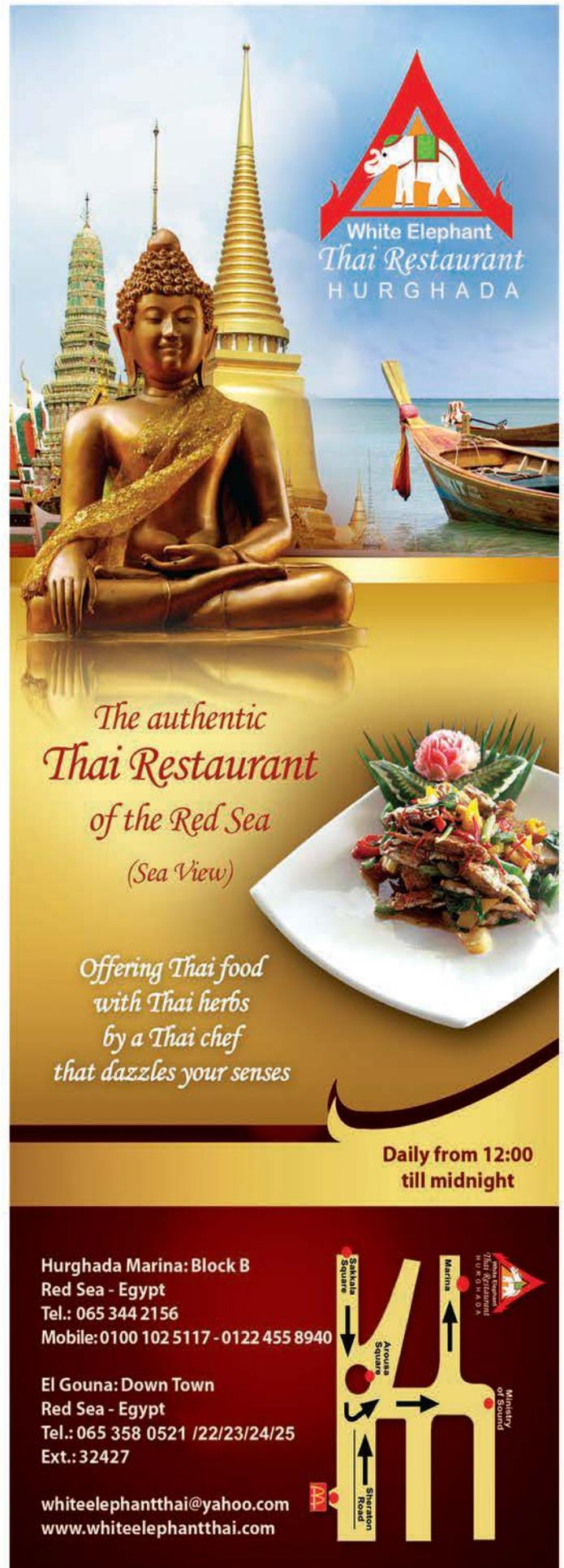
Der Name „White Elephant“ leitet sich von einer alten Legende ab. Sie besagt, dass derjenige der einen weissen Elefanten sieht, ein glücklicher Mensch werden wird. Das Restaurant hat für 70 Gäste Platz, entweder im klimatisierten Restaurant oder auf der Terrasse. Direkt am Pier der neuen Hurghada Marina gelegen können sie Ihr Mittag- oder Abendessen mit Blick auf das türkisfarbene Wasser genießen. Parkplätze sind ausreichend vorhanden.

Kommen Sie vorbei und entdecken Sie den exotischen Geschmack thailändischer Speisen. Es werden alkoholische und nicht alkoholische Getränke angeboten.

Настоящий Шеф повар из Таиланда г-жа Сомрал готовит все блюда с подлинными азиатскими приправами и специями. Своё название ресторан получил благодаря Белому Слону из легенды, которая гласит: если Вы встретите Белого Слона – Вы будете счастливы!

Ресторан рассчитан на 50 посадочных мест (в закрытом помещении и на террасе). Имеется стоянка. Среди посетителей ресторана – множество директоров крупных отелей. Некоторые из них даже заключили договор с рестораном для организации дня тайландской кухни для своих гостей каждую неделю.

Не упустите шанса отведать экзотические блюда Тайской кухни. Широкий выбор алкогольных и безалкогольных напитков на любой вкус.



White Elephant Thai Restaurant HURGHADA

The authentic Thai Restaurant of the Red Sea (Sea View)

Offering Thai food with Thai herbs by a Thai chef that dazzles your senses

Daily from 12:00 till midnight

Hurghada Marina: Block B
Red Sea - Egypt
Tel.: 065 344 2156
Mobile: 0100 102 5117 - 0122 455 8940

El Gouna: Down Town
Red Sea - Egypt
Tel.: 065 358 0521 /22/23/24/25
Ext.: 32427

whiteelephantthai@yahoo.com
www.whiteelephantthai.com



Palma Resort Restaurant & Beach Bar
Open from 9 am till 11 pm

Enjoy the difference

- › Garden fresh salads
- › Pasta & Pizza
- › Meats, chicken, seafood
- › Sandwiches
- › Sweet crêpes
- › Hot & cold drinks
- › Fresh juices
- › Beer and wine
- › Shisha with different flavours

Free beach use for our guests
Attention Kite surfers! Day use € 5 only!
Equipment for rent. Ask for our courses.

Palma Resort, North Hurghada, on the road to El Gouna
For reservation please call: 01124142773 Shazly

Palma Resort Restaurant & Beach Bar

The familiar restaurant on the beach of Palma Resort has a new name and a new owner. Mr. Shazly runs it with a new concept and combining the restaurant and bar with kite surfing. His company, Start Point Water Sports (www.startpointwatersports.com), opened a kite surf center on the beach and attracts kitesurfers with a low fee of 5€ for one day use - rental equipment is also available. Palma Restaurant & Beach Bar is ideal to spend a day on the beach. The beach has a huge shallow area for beginners. There is a free beach use for all guests, drinks are cool and the food is tasty. Come with your family and friends, for kiting or just to enjoy a day on the beach. Palma Resort is located on the coastal road half way between Hurghada and El Gouna. Arriving there, take the road between Palma Resort and AMC Hotel and drive directly to the beach where you will find plenty of parking space directly beside the restaurant and kite center.

Das beliebte Restaurant, direkt am Strand gelegen, hat einen neuen Namen und einen neuen Besitzer. Der Entrepreneur Shazly betreibt es in einem neuen Konzept und kombiniert das Restaurant mit einem Kite Surf Center, das seine Firma „Start Point Water Sports“ (www.startpointwatersports.com) gleich neben dem Restaurant eröffnet hat. Der weite Sandstrand ist ideal zum Kiten; das Wasser ist seicht und ideal für Anfänger. Leihhausrüstung steht zur Verfügung. Diejenigen, die ihren eigenen Kite mitbringen, zahlen nur 5€ am Tag. Palma Restaurant & Beach Bar ist ideal, um einen entspannten Tag zu verbringen. Der Strand steht Gästen gratis zur Verfügung. Bringen Sie Ihre Freunde und Familie mit. Alle werden den Tag genießen! Das Palma Resort liegt an der Küstenstraße zwischen Hurghada und El Gouna. Dort angekommen nehmen Sie die Straße zwischen Palma Resort und dem AMC Hotel und fahren direkt zum Strand, wo es neben dem Restaurant und Kite Center ausreichend Parkplatz gibt.

В начале этого года господин Шазли реализовал на берегу Palma Resort новую концепцию пространственного сочетания пляжного бара-ресторана и кайт серф центра. Компания г. Шазли Start Point Water Sports (www.startpointwatersports.com) привлекает в свой кайт серф центр множество любителей покатаются на волне всего лишь за 5 евро в день (day use). Если нет своего снаряжения, можно взять его на прокат здесь же. Одним из преимуществ для начинающих – большая площадь мелководья. Такое сочетание ресторана и центра водного спорта позволит прекрасно провести время на берегу всей семьей, с друзьями. Все посетители ресторана могут пользоваться пляжем бесплатно! Palma Resort находится на полпути из Хургады в Эль Гуну по прибрежной трассе. Далее – направо к морю по дороге между отелями Palma Resort и AMC Hotel. На берегу имеется достаточно места для парковки рядом с рестораном, пляжем и кайт серф-центром.



Turtle Nest at Marsa Nakari



On 8th May 2014, staff at **Red Sea Diving Safari Marsa Nakari** found a Hawksbill Turtle crawling on the beach. As they watched, the turtle started to dig a nest and lay eggs. In conjunction with **Islam Elsadek** of the **Red Sea Protectorates**, staff cordoned off the area to protect it and sought guidance for how best to care for the nest. Expecting that the eggs would hatch after 60-80 days, **Michaela Anselmini**, **Environmental Manager of Red Sea Diving Safari** lead the monitoring of the nest. On 11th July at 5:20pm the eggs started to hatch and the turtles became exposed until the moon appeared when they started their journey towards the sea. Using an infrared camera, it was possible to capture the moment on camera. In total there were 36 hatched turtles which all made it to the sea. In the Marsa Alam area, nesting sites for Green Turtles have been fairly common, however this is the first recorded nesting of a Hawksbill Turtle in the region.

Worldwide, there are seven species of marine turtle, of which only five are recorded in the Red Sea: Green, Hawksbill, Loggerhead, Olive Ridley and Leatherback. Of those, only two are nesting: Green and Hawksbill. Marine turtles are long lived reptiles and they play prominent role in maintaining the balance of the ecosystem.

The main season for nesting turtles is from April to September, during which Hawksbill turtles make the maximum number of nests per night in June and August. Green turtles nest from May to September, peaking only in August.

At each different stage of the life cycle of a turtle they face different threats (natural and human) which lead to their high mortality rate, with only one or two turtles from one thousand eggs, reaching maturity.

Eggs waiting to hatch and newly hatched turtles are under threat from wild animals such as crabs, dogs, foxes and birds. Once newly hatched turtles reach the sea they 'disappear' for about 10-15 years (the so-called 'Lost Years'), swimming on surface with the current wherever it takes them, under any floating particles. Anything which is larger than the turtle can be considered an enemy from that point on. When the turtle can swim on its own, it comes close to the shore to choose the site where it will live for the rest of its life. At 20-25 years old they are mature and ready for mating and nesting. Mating happens at sea and after 12-14 days the turtle lays her eggs on the beach, choosing a special area to dig the nest, with sand

particles of the right size, specific temperature and humidity. She digs the big nest and then a small chamber in which she lays the eggs. She then covers the eggs completely with sand before making her way back to the sea. She will do this every 2-3 years, and 2-5 times each nesting season. Turtles have a long life cycle of around 100 years old and are slow growing.

In addition to the natural threats, there is also a vast human impact - destroying the feeding and nesting plus all kinds of pollution (plastic, sewage, oil, petrol etc.) which kill marine turtles. There is also the threat of fishing. Lack of organization of coastal development has destroyed many nesting sites, although a good number remain especially on the islands.

Red Sea Protectorates are part of the **National Parks of Egypt** and are making a big effort to conserve marine turtles along the Red Sea coastline.

At **Red Sea Diving Safari** we are proud of our efforts to protect and preserve the environment and to have witnessed this special event. We support the work of the Red Sea Protectorates, and we are grateful for the support they gave in handling this event with care. We hope that **Marsa Nakari** will continue to be a nesting site for the future, and that this will help with research into turtles in the region.



The **Red Sea Protectorates** are grateful for the support of businesses of all types in supporting research work, and actively reporting any violations.

You can see a video of the hatching of the turtles at Marsa Nakari at www.redsea-divingsafari.com.



Islam Elsadek & Sarah O'Gorman



RED SEA DIVING SAFARI



MARSA SHAGRA VILLAGE

MARSA NAKARI VILLAGE

WADI LAHAMI VILLAGE

The Eco-Diving Adventure!

Red Sea Diving Safari was established in 1990 as the leading diving operation in the Southern Red Sea. Over the last 20 years our company has grown into a world class diving destination and our eco-diving concept has been internationally recognised as a model of tourism development.

Our operation offers on-site accommodation from peaceful tents at the water's edge through to Deluxe Chalets in 3 Eco-diving villages: **Marsa Shagra** – **Marsa Nakari** – **Wadi Lahami**.

All villages are certified PADI resorts and we offer courses beginning from Discover Scuba Diving to Instructor. We are also the first TDI facility in the southern Red Sea as well as being the ideal destination for eco-tourists, nature lovers, explorers, or just your ordinary holiday-traveler.

MARSA SHAGRA

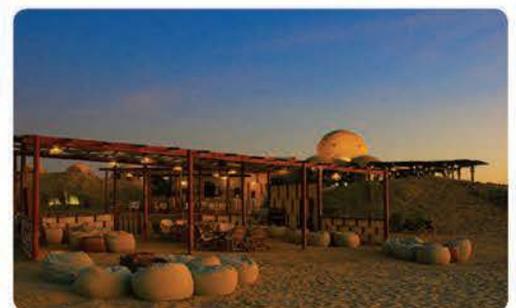
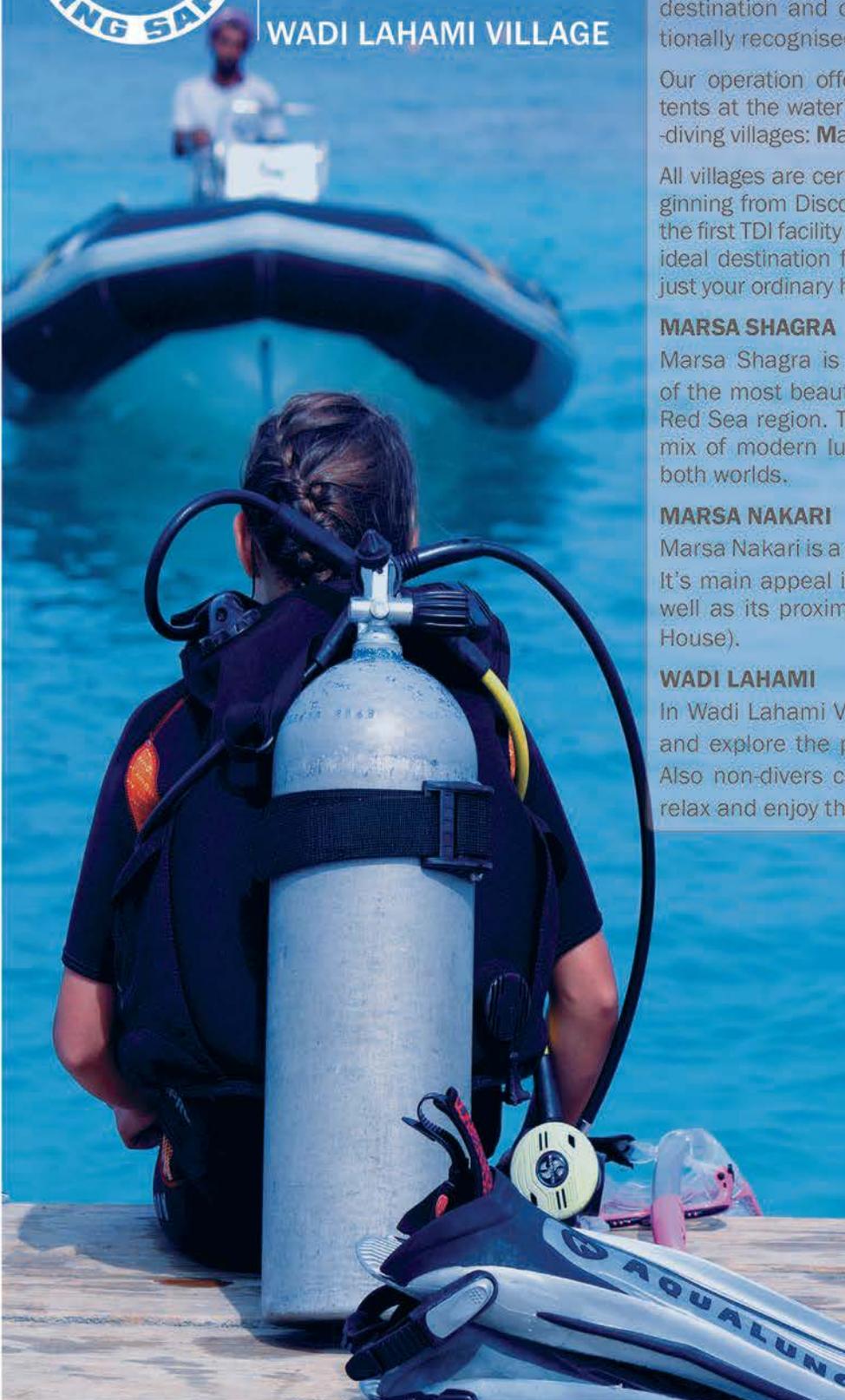
Marsa Shagra is a bustling sea-side village boasting one of the most beautiful and well-protected house-reefs in the Red Sea region. The location's most attractive appeal is its mix of modern luxury and natural simplicity – the best of both worlds.

MARSA NAKARI

Marsa Nakari is a charming village featuring a sheltered bay. It's main appeal is its intimacy and natural atmosphere as well as its proximity to the Samadai protectorate (Dolphin House).

WADI LAHAMI

In Wadi Lahami Village you can live your passion for diving and explore the pristine reefs of the famous Fury Shoals. Also non-divers can join our trips for snorkeling or simply relax and enjoy the remote and nature-based location.





www.redsea-divingsafari.com

Weddings

at Red Sea Diving Safari



Are you looking for an extra special place for your dream wedding? Why not do something different and get married underwater!

Our three locations each offer a unique setting for a wedding experience you will never forget.

Whether you would like a ceremony on the beach or underwater, under blue skies or with the background of the sun setting over the desert mountains, Red Sea Diving Safari has something for all tastes.

We offer tailor-made packages to suit your needs and can handle all aspects of your wedding, from the ceremony itself, through to food and beverage, guest accommodation, the wedding reception and of course photography to record those precious moments.

Contact events@redsea-divingsafari.com for more information and to discuss your requirements.

Eco-Workshops 2014

Videography with Jeff Goodman:	5 - 12 March 2014
Marine Life with Jamie Watts:	11 - 18 June 2014
Free Diving with Marcus Greatwood:	24 Sept - 1 October 2014
Yoga with Wenche Beard:	8 - 15 January 2014 7 - 14 May 2014
Reef Check (Discover Reef Check/Eco Diver Courses):	Various dates available.

Email: workshops@redsea-divingsafari.com for further information.

Visit our website to find out more about our special offers!
www.redsea-divingsafari.com

Join us on our social network pages!

 /redseadivingsafari  /redseamarsaalam  /the.ecodiving.adventure
 /redsea-divingsafari  Marsa Shagra Village - Marsa Nakari Village - Wadi Lahami

Reservation contacts: 02 33371833 /9942 - 065 3380021 Email: info@redsea-divingsafari.com



OFF THE BEATEN TRACK

El Malahha Oasis



Our trip started from the private house of Ibrahim Ibn Abdallah, a Swiss gentleman married to Samira Ouda, daughter of Sheikh Abd El Zaher member of the Kushmaan Clan, which is part of the Ma'asa tribe owning thousands of square Kilometre of desert land. Already this constellation made the trip interesting from the start, and we were in safe hands being hosted by Sheikh Abd El Zaher.

We left early morning, 5:30 direction El Gouna, took a desert road to the Abou Sha'ar mountain which we



passed on the north. After a 1 ½ hour trip through a fascinating landscape we had a rest under a huge acacia with tea and coffee.



A flat tire gave us time to explore the surrounding and we found interesting metamorphic rocks and flint stones, the primary material for Stone Age tools and weapons. With ease he climbed the roof of the car, through down a new tire and replaced the broken one within minutes. After another hour drive we reached Malahha. Impressive! An Oasis with 1500 palm trees, acacia, reeds, a spring with a small lake, and migrating birds! After having had lunch under a shady tree Sheikh Abd El Zaher drove us back through a colorful sand stone canyon. The adventurers enjoyed the trip on the roof of the car. Early afternoon we arrived back in Hurghada. This beautiful trip through the Egyptian desert will always stay in our mind.

Alisa & Markus

Fb: Ibrahim Ibn Abdallah



Has the Mystery of the Lost Persian Army Finally Been Solved?



Prof Olaf Kaper, an archaeologist at Leiden University in the Netherlands, believes he may have solved one of the greatest mysteries in ancient history – what happened to the 50,000-man army of Persian King Cambyses II in the Egyptian desert.

According to the Greek historian Herodotus (484-425 BC), Cambyses II, the oldest son of Cyrus the Great, sent his army from Thebes to destroy the Oracle of Amun at Siwa Oasis 525BC after the priests there refused to legitimize his claim to Egypt. Oracles were places where divine advice or prophecy was sought and the ancient Egyptians held them to be manifestations of the gods that could see into the future. They were often consulted before big decisions.

50,000 warriors entered the Egypt's western desert near Luxor. After walking for seven days in the desert, the army was said to have arrived at an 'oasis', which historians believe was El-Kharga, 120 miles west of the Nile in the Libyan Desert. After they left, a great sandstorm sprung up and they were never seen again. Herodotus (484-425BC) wrote: 'a wind arose from the south, strong and deadly, bringing with it vast columns of whirling sand, which entirely covered up the troops and caused them wholly to disappear'.

Although many scientists regard the story as a myth, amateur as well as professional archaeologists have searched for the remains of the Persian soldiers for many decades. Italian archaeologists Angelo and Alfredo Castiglioni, twin brothers, have discovered bronze weapons and hundreds of human bones which they reckon are the remains of the lost army of Persian King Cambyses II (November 2009). Hundreds of broken water pots were also found by them.



Prof Kaper never believed this story. "Some expect to find an entire army, fully equipped. However, experience has long shown that you cannot die from a sandstorm," he said. Prof Kaper argues that the lost army of Cambyses II did not disappear, but was defeated:

"My research shows that the army was not simply passing through the desert, its final destination was the Dakhla Oasis. This was the location of the troops of the Egyptian rebel leader Petubastis III. He ultimately ambushed the army of Cambyses II, and in this way managed from his base in the oasis to reconquer a large part of Egypt, after which he let himself be crowned Pharaoh in the capital, Memphis."

The fact that the fate of the army of Cambyses II remained unclear for such a long time is

probably due to **the Persian King Darius I**, who ended the Egyptian revolt with much bloodshed two years after Cambyses II's defeat.

"Darius I attributed the shameful defeat of his predecessor to natural elements. Thanks to this effective manipulation, 75 years after the event all Herodotus could do was take note of the sandstorm story."

During the past ten years, Prof Kaper has been involved in excavations in Amheida, in the Dakhla Oasis. Earlier this year, he deciphered the full list of titles of **Petubastis III** on ancient temple blocks.

"That's when the puzzle pieces fell into place," Prof Kaper said.

"The temple blocks indicate that this must have been a stronghold at the start of the Persian period. Once we combined this with the limited information we had about Petubastis III, the excavation site and the story of Herodotus, we were able to reconstruct what happened."

The discovery was presented at the International Conference of the ERC project BABYLON held in Leiden, the Netherlands, June 18-20, 2014.



Port Said: Egypt's Forgotten Treasure

Named after Khedive Said who approved the project in question, Port Said witnessed one of history's most groundbreaking moments, the digging of the Suez Canal. Believed to have been inspired by unfinished construction plans by Napoleon 1st, and even before him by possible initial diggings during Ancient Egyptian times, it was Ferdinand De Lesseps who led to its realisation.

The aspiration behind it was always that of the construction of a canal connecting the Mediterranean to the Red Sea, cutting out the long journey it used to take to navigate around Africa to reach Europe, or Asia. De Lesseps was the organizer of the political and financial backbone behind the project which started its construction in April 1859, until the official opening of the Suez Canal in November 1869, with Port Said on one side of the canal and Port Fouad on the other.

A historical city



Memorials and tombs of martyrs and soldiers are scattered around the city. Port Said in its very short lifetime faced 4 different wars: the 1956 Suez War with France, England & Israel; the 1967 Six-Day War with Israel; the War of Attrition with Israel between 1967 and 1973 and finally the Arab-Israeli War of 1973.

The city's historic sacrifices were greatly acknowledged and quoted by Anwar Al Sadat, who granted as a reward and as part of his Open-Door policies the Port-Said Free Zone, which was full of new hopes for the city and its development.

The great statue of De Lesseps, which was part of the grand inauguration of the Canal, was removed from the entrance of the Suez Canal during Nasser's era as a symbol of decolonization and independence.

One of Egypt's forgotten treasures



After its nationalization in 1956, it was inevitable that the Suez Canal was going to be of great strategic importance for Egypt. Bringing in over US\$ 5 billion of revenues annually, it should have taken a salient place in Egyptian politics ever since.

It is believed however that since Mubarak was targeted for assassination by a local during his visit to Port Said in 1999, he sanctioned the city harshly. Since then, authorities regularly refuse to allocate enough funding for the infrastructure and development of the city. Corruption and lack of any control on the port have led the city into extreme poverty and degradation.

A large threat is also present towards the city's architectural heritage and old buildings, many of which reminding Egypt of its old diverse cultural face of the 1929's. Many campaigns and protests have emerged throughout the years to stop the illegal and unreasonable demolitions.

Since the government's continual neglect, in 2012 the Port-Said based French Cultural Association has approached UNESCO by registering as many buildings as possible. Still, until recent months, beautiful residential Villas behind Port Fouad's Amun Suez Canal School are being brought down.

Pictures of Port Said and Port Fouad today when compared to pictures dating only 30 years ago show the gravity of the city's situation.

New government, new projects

New government, new projects

As stated in a televised announcement, an extension will be added to Egypt's historic Suez Canal. Ex-navy commander Mohab Mamish replaced Ahmed Fadel as chairman of Suez Canal Authority in 2012 by former president Mohamed Morsi. Mamish stated that the "project will lead to the creation of a new Suez Canal parallel to the current channel of a total length of 72 kilometres", costing about US\$ 8 billion.

President Abdel Fatah Al Sisi also declared that the project would be completed within a year, urging Egyptians to invest and hold shares within the project, giving it a national and positive perspective. A new industrial and logistics hub is also part of the project, widening the variety of new jobs to be created.

As a historically huge part of Egypt's economy and international face in world trade, it is important for Egypt's new government to bring back the Suez Canal at the heart of its politics. The degradation of Port Said has indeed raised many alarms for the past few years however this new project brings new hopes for not just the future of the city of Port Said, but also for the future of Egypt's economy and trade.



Holidays * Events * Celebrations



Coptic New Year - Sept 11th

Eid al-Adha - Oct 4th – 7th



Armed Forces Day - Oct 6th



Miss Halloween - 31st Oct

BITS & PIECES



Islamic New Year is – Oct 25th

Moon Phases:

New Moon: 24 September, 24 October

Full Moon: 9 September, 8 October

Feast of the Sacrifice in Egypt (عيد الأضحى Opferfest)

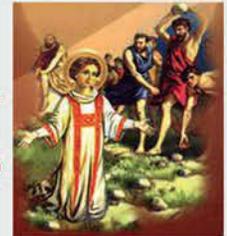


Eid al-Adha (Id ul-Adha - is a four-day Islamic festival starting on the 10th day of the month of Dhul Hijja (Thou al-Hijja) to commemorate the willingness of Ibrahim to follow Allah's (God's) command to sacrifice his son Ishmael. Muslims around the world observe this event. At Eid al-Adha, many Muslims make a special effort to pray and listen to a sermon at a mosque. They also wear new clothes, visit family members and friends and may symbolically sacrifice an animal in an act known as qurbani. This represents the animal that Ibrahim sacrificed in the place of his son.

In the period around Eid al-Adha, many Muslims travel to Mecca and the surrounding area in Saudi Arabia to perform the Hajj pilgrimage. Muslims may plan and save many for years to enable them to take part in this event, which is one of the five pillars of Islam.

Background: Ibrahim, known as Abraham in the Christian and Jewish traditions, was commanded by God to sacrifice his adult son. He obeyed and took Ishmael to Mount Moriah. Just as he was to sacrifice his son, an angel stopped him and gave him a ram to sacrifice in place of his son. Some people dispute that the son of sacrifice was Isaac (Ishāq). Regardless, these events are remembered and celebrated at Eid al-Adha.

Coptic New Year - 11 September 2014



The Coptic New Year is based on the reappearance of Sirius, the Dog Star in the skies over Egypt. Copts observe the New Year with memorials to Coptic martyrs. Altar dressings and officiants' vestments are bright red on this day, to represent the martyrs' spilled blood. Also it is customary to eat red dates which are then in season. The date is a microcosm of their faith: the red stands for the martyrs' bloodshed, the white heart for the believers' pure hearts, and the stone for their solid faith.

Thus prays the Coptic Church as it celebrates the advent of a New Year on the Anno Martyrus calendar. The New Year begins 1 Tut which coincides with 11 September or 12 September in a leap year. The calendar is a solar one that goes back to ancient Egypt and was intricately linked to the annual Nile flood and the three agricultural seasons—the inundation, cultivation, and harvest—agriculture being the main activity and livelihood of the majority of the population. The Coptic calendar, however, is the same Egyptian calendar but began in the year AD284, the year the Roman Emperor Diocletian ascended the throne and launched a brutal persecution of Christians. The number of Egyptians who were martyred by Diocletian was so great, that they marked their calendar in reference to that date, and the **Coptic calendar was born.**

Islamic New Year

The Muslims have their own calendar which is based on the cycles of the moon. The calendar consists of twelve months but, only has 354 days unlike other calendars such as the Gregorian or Jewish calendar etc. For this reason the Islamic New Year moves eleven days backwards through the seasons each year. Muharram is the first month of the Muslim year its first day is celebrated as New Year's Day.

The Islamic New Year throughout the world is held quietly, without the festive atmosphere of other New Year celebrations. The appearance of the new moon is recorded in the mosques and special prayers are said. The most important part of the New Year is the telling of the story of the Flight of Medina. The story goes over the radio for everyone to hear. Islamic New Year celebrations in Egypt has a much more festive atmosphere.

The complete month of Muharram is sacred according to the Muslims. However, it is the tenth day which is of most significance. Different factions of the Muslim community observe this day for different reasons. While the Shia Muslims celebrate this day to mourn the death of Husayn Ibn Ali, the Sunni Muslims observe this day to celebrate the victory of Moses over Egyptian Pharaoh.



According to the legend popular among Shia Muslims, Husayn Ibn Ali was beheaded during the Battle of Karbala on the tenth day of Muharram. Husayn Ibn Ali is an important figure in Muslim religion and is believed to be a member of the Muhammad's household. During the reign of Yazid, it is believed that Husayn refused to accept the Islamic rules laid down by Yazid. Instead, Husayn decided to revolt against the ruler which led to the uprising in Karbala. During the battle of Karbala, Husayn was beheaded while his family was imprisoned in Damascus. However, according to Sunni Muslims, it was on this day that Moses gained victory over Egyptian Pharaohs. Moses was a religious leader and was meant to propagate religious teachings around the world. It was on the tenth day of Muharram that Moses gained victory over the Pharaohs of Egypt, the most famous one being the Pharaoh of oppression.

As is evident, different factions of the Muslim community observe this day differently. While for Sunni Muslims, it is a day of celebration, for Shia Muslims, it is a day of mourning. However, both the factions have almost identical traditions. Both the factions observe fast on this day, with the Sunni Muslims observing fast for an extra day, either before or after this day. It is believed that this extra fasting day is observed in accordance with the teachings of Muhammad Prophet. In certain cases, the Shia Muslims fast for the whole month and also flagellate themselves with sticks and rods on this day. They harm themselves to commemorate the sufferings of Husayn Ibn Ali while fighting against the oppressive regime of Yazid.

AIDA" AT GIZA IN OCTOBER 2014

Giuseppe Verdi (1813 - 1910) was one of the greatest composers of the nineteenth century and he produced a number of famous operas. Aida remains one of his best-loved operas. The Cairo Opera House produces annual performances of Verdi's opera in front of the dramatic Pyramids of Giza. Aida is a tragic tale of love featuring an Egyptian captain, the Pharaoh's daughter, and an Ethiopian slave girl, Aida. The opera had its world premiere in Cairo on 24 December 1871; it was immediately a great success and has remained a favorite in Cairo and worldwide.

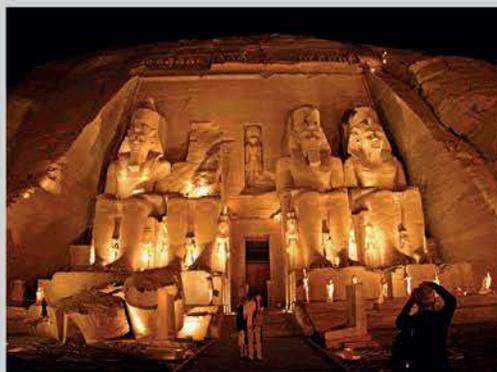


18 - 25 October 2014 - The Pharaohs International Cross Country Rally



The Pharaohs International Cross Country Rally is a thrilling three-week-long endurance race across the Sahara Desert, which attracts competitors from all four corners of the globe. The Pharaohs Rally is a 1,864 mile (3,000km) circuit beginning under the Sphinx in Giza, and crossing the finish line in Cairo. It is a race that is infamous for the challenge of its tricky terrain and the difficulty of navigating and negotiating the desert sand and dunes. Cars, trucks and motorcycles all compete. It is one of the main preparation events for the famous Dakar Rally and attracts some of the most formidable competitors in the world. Prices range from €3700 to participate and it is free to watch. The Pharaohs Rally is an important event on Egypt's calendar and is a favorite with many travellers.

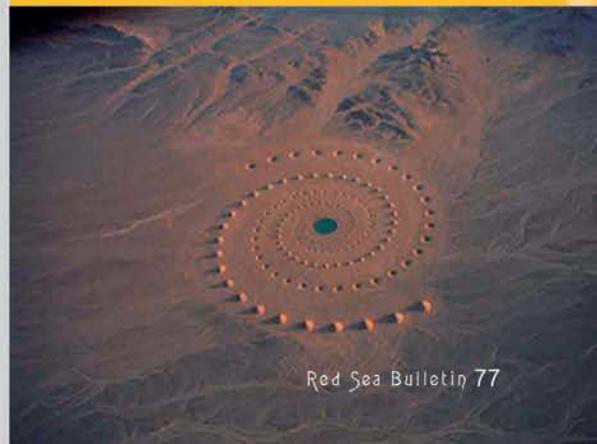
22 October 2014 - The Sun Festival at Abu Simbel



The Sun Festival at Abu Simbel takes place twice a year, in February and October, in celebration of Ramses II's birthday. When Ramses II built his temple he carefully positioned it so that on his birthday and the date of his ascension to the throne (the day he became a god to the ancient Egyptians) the inner sanctum would be lit up by the rising sun, which would gradually illuminate the statues of the sun gods, Ramses, Ra and Amun, while the god of darkness, Ptah, remains in shadow. The Temple of Abu Simbel was moved upstream in the 1960s due to the flooding of the area and this relocation has meant that the impressive beam of sunlight illuminates the inner sanctum of the temple a day later than Ramses intended but this by no means detracts from the profundity of the experience. Before sunrise the temple becomes packed with people waiting to witness the spectacular show. The celebrations outside the temple are also worth experiencing and include music, dancing, markets, and food and drink stalls. If you want to see this ancient marvel you must aim to arrive at Abu Simbel long before dawn.

Desert Breath

In 1997 three artists set out to create 'Desert Breath' in the desert near the Red Sea resort of Hurghada. Desert Breath, completed in March 1997 and viewable today by satellite via Google Earth, covers approximately 100,000 square meters. Consisting of dozens of cones that stand taller than most humans, Desert Breath is a double-spiral, with a pool of water in the center of the art piece. Slowly, with the passage of time, the piece of art is eroding naturally and fading away once again into the desert. Two decades later, it stands as a reminder of the passage of time and can still be viewed.



15 richest men in Egypt worth over \$23bn: Egypt Business Directory

Sawiris, Mansour and Sewedy family make a strong showing on list. The net worth of Egypt's 15 richest men totalled \$23.7bn, Egypt Business Directory said in a report with Nassef Sawiris, Mohamed Mansour and Naguib Sawiris the country's top three. They have a net worth of \$6.7bn, \$3.1bn and \$2.8bn respectively, the report said. Nassef Sawiris, Egypt's richest man, is the CEO of Orascom Construction Industries (OCI) and owns stakes in cement company Lafarge as well as Texas Industries.

The report, which listed the 15 richest men in Egypt, mentioned that Onsi Sawiris came in fourth position with a net worth of \$2.4bn. The fifth, sixth and seventh went to Youssef Mansour, Mohamed Fayed and Yaseen Mansour respectively. The net worth of the three Egyptian billionaires was \$2.3bn, \$1.9bn and \$1.8bn. The last billionaire on the list, Samih Sawiris, took the ninth spot with around \$1.3bn. Ahmed Sewedy and Sadek Sewedy followed on the list with an equal net worth of \$240.85m. Raouf Ghabbour, Mohamed Kahmes, Mohamed Sewedy, AbdulRahman Hassan Sharbatly and Suleiman Abdul Mohsin tailed the list with the highest worth totalling \$233.06m while the least's worth was \$152.19m.

Tom Hanks arrives in Egypt to film at Red Sea resort of Hurghada



Popular and renowned American actor Tom Hanks has arrived in Egypt to shoot scenes in Hurghada.

The scenes, which will be shot for 'A Hologram for the King,' are expected to feature Hurghada's beautiful Red Sea corals and more.

'A Hologram for the King,' a film by German Director Tom Tykwer and starring Tom Hanks, is based on a 2012 novel by Dave Eggers which tells the story of a failed American salesman who travels to Saudi Arabia in an attempt to recoup his losses and sell an idea of his to a wealthy monarch.

Egypt has faced a decline in the number of tourists visiting the country since the January 25 revolution in 2011. Tourists visiting Egypt in June declined 20.5 percent compared to the same period last year, reported the Ministry of Tourism.

The first half of 2014 saw just 4.4 million tourists visiting Egypt. The tourism industry in Egypt employs millions of Egyptians and is an integral source of income for Egypt's economy.

Egypt to build 'new Suez Canal'

Egypt's Chairman of the Suez Canal Authority has announced the planned digging of a new canal 'parallel' to the 145-year-old historic Suez Canal.

"The project will lead to the creation of a new Suez Canal parallel to the current channel of a total length of 72 kilometres," said Mohab Mamish, adding that the project would cost \$US 8 billion to implement and would create at least one million jobs.

According to Mamish, the project will involve dry digging of 35 kilometres and the expansion and deepening of another 37 kilometres. The digging and initial construction will be under the supervision of Egypt's Military stated Mamish.

During a press conference in Ismailia, Egypt's President Abdel Fattah Al-Sisi declared that 'we are running against time' and that the project would be completed within just one year.

"We want all Egyptians to hold shares in this project," stated the President, urging Egyptians living in the country to contribute EGP 100 (\$US 14) and ones living abroad to contribute \$US 100.

The historic Suez Canal brings in approximately \$US 5 billion of revenues per year and remains a vital source of income for Egypt's economy, which has suffered following the January 25 revolution.



A new industrial and logistics hub in Suez



The Chairman of the Suez Canal Authority also announced that an international industrial and logistics hub would be constructed in the Suez by a consortium that will be announced by Egypt's President Abdel Fattah Al-Sisi soon.

The country plans to develop nearly 76,000 square kilometres around the canal in order to attract more ships and boost income. According to initial sources, the consortium will consist of Egypt's Military and the global engineering firm Dar Al-Handasah.

Egypt and Russia to establish industrial zone in Suez Canal

In August 2014 Egyptian president Abdel Al-Sisi stated that he has agreed with Russian President Vladimir Putin to establish a Russian industrial zone in the new Suez Canal Project.

In March, Following Minister of Industry and Foreign Trade Mounir Fakhry Abdel Nour's visit to Russia, the ministry announced that a Russian industrial zone focused on producing agricultural machinery and equipment will be established in Egypt.

The Russian government also approved the Egyptian government's proposal to begin negotiations regarding the establishment of a free trade zone between Egypt and the countries of the Customs Union, which include Russia, Belarus and Kazakhstan.



Примечательно, что в этом году в ноябре Суэцкий канал, соединивший воды Средиземного и Красного морей, отмечает 145-летний юбилей. Построенный в 1869 году для ускорения пути из Европы в Азию, он и сегодня сохраняет позиции важнейшей мировой водной артерии, оставаясь одним из наиболее дешевых и безопасных способов транспортировки товаров в регионе. Сейчас эксплуатация этого уникального гидротехнического сооружения протяженностью более 160 км является, наравне с туризмом, основным источником пополнения египетской казны валютой, принося ей ежегодно около \$5 млрд, и перебои в его работе неизменно сказываются на мировой торговле и ценах на углеводороды. Как

заявил сегодня Мамиш, на прокладку нового русла уйдет порядка 29 млрд египетских фунтов (\$4,06 млрд). Помимо этого, также планируется прорыть и семь автомобильных и железнодорожных тоннелей в районе Исмаилии и Порт-Саида, которые свяжут африканскую часть Египта с Синаем. Затраты на их строительство оцениваются еще в 28 млрд египетских фунтов (около \$3,92 млрд). При этом, исходя из слов Мамиша, новое русло протянется на 35 км, а еще 37 км - это работы по "расширению и углублению". Здесь, видимо, речь идет о модернизации старого канала. Сейчас власти АРЕ ставят своей целью увеличить прибыль от использования канала почти на 260%. Будет произведена прокладка не только новой артерии, но и строительство вокруг нее на площади 76 тыс. кв. км промышленных зон, в том числе судостроительных и судоремонтных верфей, заводов по производству контейнеров и автосборочных цехов и т. д., что позволит дать египтянам около миллиона новых рабочих мест. Кроме того, планируется, что время ожидания судами прохода через Суэц снизится с нынешних 11 до 3 часов, а пропускная способность канала увеличится почти в два раза: если сейчас ежедневно через него проходит в среднем 49 судов, то к 2023 году этот показатель должен увеличиться до 97. В районе Суэцкого канала будет действовать зона свободной торговли, которая будет обслуживать рынки и торгово-экономические объединения, с которыми действует соглашение о свободной торговле, а это 1,6 млрд потребителей. В рамках этого проекта на территории канала планируется строительство ангаров для хранения пшеницы, что значительно облегчит торговлю этим видом зерна. Также будут построены хранилища для сахара, ведь Египет в первой десятке мирового рейтинга по объему импорта этого продукта. Также существует проект строительства сахарных заводов, что позволит принимать неочищенный сахар из Бразилии, перерабатывать его и реэкспортировать его в африканские страны, с которыми действует соглашение о свободной торговле.

New terminal at Hurgada Airport to be opened in October



Chairman of Egyptian company for airports Adel Mahgoub said Hurgada International Airport will see development soon and that experimental operation of Terminal 2 will take place before official operation in October.

The building contains 7.5 million passengers and will reach up to 13 million passengers annually after the development.

It will include 11 gates linked to passenger boarding bridges and new passageway for the biggest planes in world and be an alternative for landing of planes in case if emergency the at Cairo Airport. The expansion will also enlarge the tarmac.

В аэропорту Хургады скоро откроют второй терминал



Новый терминал рассчитан на 7,5 млн пассажиров, после усовершенствования аэропорта он сможет ежегодно обслуживать 13 млн пассажиров. Председатель Египетской компании аэропортов Адель Магуб (Adel Mahgoub) сообщил, что Международный аэропорт Хургады в скором времени увидит развитие, а пробный пуск Терминала 2 состоится до его официального открытия в октябре. Новый терминал рассчитан на 7,5 млн пассажиров, после усовершенствования аэропорта он сможет ежегодно обслуживать 13 млн пассажиров.

Терминал будет состоять из 11 выходов с телескопическими трапами и нового трапа для самых больших самолетов в мире. Он также будет служить альтернативой для аварийной посадки самолетов в случае возникновения непредвиденной ситуации в Каирском аэропорту. В результате усовершенствования аэропорта будет также расширена взлетная полоса.

Transport



Go Bus Co.

Hotline 19567

From Hurghada to Cairo 065 3556188 - 065 3556199			From Cairo to Hurghada 02 25741533 - 02 23427773 Nasr City - El Tahrir			From Hurghada to Alexandria			From Hurghada to Qena		From Hurghada to Luxor	
Dep.	Service	Cost	Dep.	Service	Cost	Dep.	Service	Cost	Dep.	Cost	Dep.	Cost
08:00	Deluxe	85 LE	07:15	Royal Class	120 LE	08:00	Deluxe	115 LE	09:30	40 LE	09:30	50 LE
09:30	Elite Class	160 LE	08:45	First Class	95 LE	14:00	Deluxe	110 LE	20:00	40 LE	20:00	50 LE
10:30	First Class	95 LE	12:30	First Class	95 LE	00:30	First Class	130 LE				
12:30	First Class	95 LE	13:15	High Class	80 LE							
14:00	Deluxe	85 LE	16:00	First Class	95 LE							
15:00	Elite Class	160 LE	18:00	Royal Plus	160 LE							
16:00	Royal Class	120 LE	21:00	Deluxe	85 LE							
18:00	First Class	95 LE	23:00	First Class	95 LE							
19:30	Deluxe	85 LE	00:45	Deluxe	85 LE							
00:00	First Class	95 LE	01:30	Elite Class	160 LE							
01:00	First Class	95 LE	03:00	First Class	95 LE							
02:00	High Class	80 LE	03:30	Elite Class	160 LE							
03:00	Royal Plus	150 LE										

Super Jet Co.

From Hurghada to Cairo
Hurghada, El Nasr St.
beside Zahran - 065 3553499

From Hurghada to (Alexandria - Luxor)
From Luxor to Hurghada
095 236 77 32

From Cairo (Torgoman)
to Hurghada
02 25798181

From Cairo (Almaza)
to Hurghada
02 22909017

Departure	Cost	Departure	Cost	From	To	Departure	Cost	Departure	Cost
12:00	80 LE	08:30	45 LE	Hurghada	Luxor	07:30	80 LE	08:00	80 LE
14:30	80 LE	17:30	45 LE	Hurghada	Luxor	14:30	80 LE	15:15	80 LE
17:00	80 LE	19:30	45 LE	Luxor	Hurghada	23:45	80 LE	00:00	80 LE
00:30	80 LE	14:30	110 LE	Hurghada	Alex				
		21:00	110 LE	Alex	Hurghada				

High Jet Co.

Hotline 16108

From Hurghada to Cairo
065 3449700 - 065 3549702

Hurghada Sakala, beside
Old Police Station

From Cairo to Hurghada
02 23421202 - 02 20340555

Ramses Station beside the train station
Nasr City front of Eiseka Elhadeed
Club El Nasr st.

From Qena to Hurghada
From Hurghada to Qena
096 5345621

Qena, beside the train station

Departure	Kind of Service	Cost	Departure	Kind of Service	Cost	Departure	From	To	Cost
07:00	Special	65 LE	08:00	High Class	95 LE	07:30	Hurghada	Qena	40 LE
09:00	High Class	95 LE	09:00	Special	65 LE	14:30	Hurghada	Qena	40 LE
10:00	Special	65 LE	10:00	Special	65 LE	15:30	Hurghada	Qena	40 LE
11:30	Special	65 LE	11:00	Special	65 LE				
12:00	Special	65 LE	12:00	Special	95 LE				
13:00	Special	65 LE	13:30	High Class	65 LE				
14:00	Special	65 LE	15:00	Special	65 LE				
15:00	Special	65 LE	16:00	Special	65 LE	14:30	Qena	Hurghada	40 LE
17:00	High Class	95 LE	17:00	High Class	95 LE	19:00	Qena	Hurghada	40 LE
19:00	Special	65 LE	19:00	Special	65 LE	22:00	Qena	Hurghada	40 LE
23:00	Special	65 LE	20:00	Special	65 LE				
23:30	Special	65 LE	22:00	Special	65 LE				
00:00	Special	55 LE	23:00	Special	65 LE				
00:30	Special	65 LE	00:00	Special	65 LE				
01:30	High Class	95 LE	00:30	Special	65 LE				
02:00	Special	65 LE	00:45	Special	65 LE				
02:30	Special	65 LE	01:30	High Class	95 LE				
03:00	High Class	95 LE	02:30	High Class	95 LE				

Upper Egypt for Transportation & Tourism Co. (UETTC) 065 3547582

From Hurghada to Marsa Alam		From Hurghada to Cairo				From Hurghada to Sharm El Sheikh	
Departure	Cost	Departure	Cost	Departure	Cost	Departure	Cost
09:30	30 LE	09:00	70 LE	19:30	65 LE	22:30	90 LE
01:30	30 LE	10:30	70 LE	21:00	65 LE		
05:00	30 LE	14:30	70 LE	22:45	65 LE		
		18:30	70 LE	01:00	65 LE		

Note: Schedule & prices can be changed by companies

Telephone Listing

EMERGENCIES - Dial 1065 first

Ambulance	123/3549982/3546490
Fire Department	180/3544862
Gas Emergency	149
Police	122/3463203
Police - Security	3544860
Police - Tourist	126/3543365
Road Emergency	01221110000
Telephone Directory	140

HOSPITALS

Egyptian Hospital	3450318
El Gouna Hospital	3580012-19
El Haya Hospital	01006966123
El Hekma Hospital	3553999
El Salam Hospital	3548785-7
General Hospital Al Quseir	3330070
General Hospital Hurghada	3546740
General Hospital Safaga	3251549
Military Hospital	3549513
Nile Hospital	3550974/5-8
Red Sea Hospital	3544850/01005032445

RECOMPRESSION CHAMBERS

Baromedical	
Emergency	01222433116
Dr. Nabil	01224455127
Dr. Wael	01224362222
Deco International	
Emergency	01222190383
Dahab	01222190372
El Gouna	01222190383 Fax: 3580020
Hamata	01281556330/01222174148
Safaga	01221741533
Hypermed	
Emergency	01002187550
Dr. Hanaa	01226391450
Dr. Hossam	01222187550
Naval Hyperbaric & Emergency Medical Centre	
	3449150

CLINICS / DOCTORS

Dr. Ahmed Aldghaimy	01069935698
 Dental Center	
Dr. Ayman Nassef	01223226913
 Hurghada Speciality Eye Center	
	01226611306
Dr. Nayer Fahmy	01223452895
Med Spa	3453203/01110012270
Kinder Pediatrician	
Arzt Dr. Rafeek Ramzy	01223149593

NURSERIES & PRESCHOOLS

Busy Bees Nursery	3447314
Cheeky Monkey	01227382332
Funny Bunny	01001186693
Green Leaf Nursery	01004046820
Happy Smurfs	01064920664
Mama Giulia Italian Nursery	01004621749
Nemo Kindergarten	01097390038
Play & Pre-School	01222344428
Sunshine Nursery	01223769153

SCHOOLS

Creative Minds	01114118806
El Gouna School	3580080
El Hegaz Private School	9200118
French School	9203344
Futures Language School	3451801

Future Pioneers	01117728444
German School	3443631
 Hurghada American International School	
	01118264552
Modern Generation School	3546461
Rajac School	3440346
Royal Elgeel Elsaed	9200112/3/4/5
St. Joseph's School	3462018
 Sunrise International School	
	3554643

UNIVERSITIES

The American University El Gouna	3580000
TU Berlin Campus	3561420 Fax:3561421

PUBLIC SERVICES

City Council	3546375
Electricity Complaints	3441164/3546060
Flight Information	3442831
HEPCA	3447728/3445035
Post Office	3546372
Registration Office	3546397
Taxi Complaints	3550553/01118601601
Telephone Complaints	3440909
Tourist Information	3463221 Fax:3463220
Youth Hostel	3500079

BUSINESS SERVICES

Aramex - Courier Service	16996 /3554454
DHL	16345/3451490
El Gouna Marketing Dep.	3549702 Ext. 2196
FedEx	9200505/01223985777
Middle East Courier Services	3447622
Red Sea Bulletin	3462491/01227893986
Western Union	16430

AIRPORTS

Alexandria	03 4271036/2021
Aswan	097 3480333/2440
Cairo	02 22655000/2222
Hurghada	065 346272 2/3
Luxor	095 2374655/879
Marsa Alam	065 3700021-6
Sharm El Sheikh	069 3601141-4

AIRLINES & TICKETING

Aero Service	01001390516
Egypt Air	3463034-37
Link Aero Trading Agency	01001250512
SS Air	3451555
Tiger Aviation	01223190288
Thomas Cook	3443338/3541870-1
Top Aviation	3462317
Travco Airlines Ticketing	3451467-8
Turkish Airlines	19849

BANKS

ABC Bank	19123
Ahli United Bank	19072
Al Watany Bank of Egypt	19336
Arab African International Bank	19555
Bank Audi	16555
Bank Du Caire	16990
Bank of Alexandria	19033
Banque Misr	19888
Barclays Bank	16222
Blom Bank	19233
CIB Bank	19666
Crédit Agricole Egypt	19191
Egyptian Arab Land Bank	19939
Emirates NBD	16664



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Housing & Development Bank	19995
HSBC	19007
National Bank of Abu Dhabi	19977
National Bank of Egypt	19623
National Bank of Greece	16272
Piraeus Bank Egypt	19322
QNB Alahli	19700
Union National Bank	16862

CAR RENTALS / LIMOUSINES

Avis	3447400
Coupe	01221666883
Digital Group Car Rental	01229063130
El Gouna Limousine	3580061
 Europcar	01066611023
Hertz	3463176
Maneuver	01222244743

EMBASSIES

Australia	0227706600
Austria	0235702975
Belgium	0227947494
Belgian Consulate El Gouna	3580252
Canada	0227918700
Czech Republic	0233339700
France	0235673200
Germany	0227282000
Great Britain	0227940850/2/8
British Honorary Consulate	01015343915
Italy	0227943194
Italian Honorary Vice Consulate	0653449366
Netherlands	0227395500
Poland	0227367456
Russia	0237489353
Spain	0227355813
Switzerland	0225758284
Thailand	0233367005
Ukraine	0223786871
USA	0227973300

PHOTO / VIDEO

 Red Sea Images	
*El Gouna	01223440349
*Hurghada	3447970
*Marsa Alam	01227376130
*Sharm El Sheikh	01223436564
Video Bubbles	01227302827

SPORT ACTIVITIES

El Gouna Go-Kart	3549702 Ext. 32188
 Fred's Swim Academy	
El Gouna	01282741000
Hurghada	01282742000
Soma Bay	01275120400
Marine Sports Club	3463004
Smart Gym	01222390299
 Multisports	
	01280510630
 Star Gym	
	01097677373

LEGAL & TAX SERVICES

 Baroudy Law Firm	
	01144466220
 MAT	
	01229686111
Red Sea Law Firm	01223780538

PET CARES

Blue Moon Animal Center	01005490046
Cat Hotel	01145158422
DOUBBLE ZOO	01222182393

STATIONERY & GIFT SHOP

Kids Shop	01205306043
Samir & Aly	01010503809

DIVING CENTRES

Hurghada	
Abyss - Bella Vista	3440522
Admera	3448397 Fax: 3441384
Al Mashrabia SWDF	3442375
Aquanaut Red Sea	3549891 Fax: 3547045
Aquarius Beach Club	3500035 Fax: 3500044
Aquarius Diving Club	3446650 Fax:3442394
Aqua Safari	3444804/01223580190
Aquanaut Blue Heaven	3440892
Arabia Aqua Center	3548790
Black Shark	01222182352
Blue Dream	3442701/01007760777
Blue Paradise	3544354
Blue Water Dive Resort	3555420 Fax: 3502500
Bubbles Diving College	3442057
Colona	3464631
Cupidon	3546823
Deep Blue Divers	3502053/01065520763
Deep Divers	01289125125
Diamond	3548597
Dinos	3545050
Discovery Divers	01227472899/3448251
Dive Academy	3551170
Dive Cours	3443693
Dive In - Sonesta	01005628319 Fax: 3446724
Dive Party	3442233



Hurghada American International School 0111 826 45 52



Kinderarzt
Dr. Rafeek Ramzy

Clinic 1: Sheraton Road - El Souk Building Apt. 1509
Clinic 2: 23 Mohammadi Hweidak Str., in front of Mubarak 2
Mobile: +2 0122 314 95 93

Telephone Listing

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Behind Telephone Central - Sakala - Hurghada - Egypt
0122 218 23 93 dolittle.zoo@gmail.com

Dive Safaris - Festival Hotel... 01066675840	Storm..... 3441592
Divers Adventure Center 3553481	Subex-Downtown 3548651 Fax: 3547471
Divers Heaven Fleet 3440220	Sublife Divers 01223447291
Divers International 3549745	The Crab..... 3590215
Divers Lodge 3465100	The Sun Solar..... 3350205
Diving House 3447810	Twin Dolphin 3542000
Dive Point 01223255483	Twins Diving..... 3441739
Dive Stop 3448957/01006699109	TDI - Middle East... 01005467700 Fax: 3447520
Dive Stop Marina... 3451318/01006699109	Undersea Adventures... 01223492630/3441834
Dive Too 3440245	United Divers - Thermocline 253687
Dive Trip 01223258277	V.I.P. Dive 3444128 Fax: 3444129
Diving.de Shedwan 01280159935	Voodoo Divers..... 01223345766/3548159
Diving Way 01202093685	White Dolphin..... 01227713752
Diving World..... 3443582/01222448924	
Dune..... 3255011 Fax: 3253075	
Eagle Ray Divers 01227374129	El Gouna
El Ghonamy 3547705 Fax: 3544460	Blue Brothers Diving..... 01066654101
El Samaka DC..... 3465153/01005204051	Colona 3580113
Euro Divers - Grand Hotel 01005822735	Easy Divers Academy 01222349114
Frogman 01223447172/01223215391	Emperor Diver 01224888779
Fun Octopus 3447909	Euro Divers 3547934
Geli & Ute DC 3444150 Fax: 3443705	Orca 3580078
Go Dive 3445085	TGI..... 01227411336
Golden Dolphin..... 3447237	The Dive Connection 3580052
Gulf Divers..... 3550130 Fax: 3546680	
H2O Diving 3447529	Makadi Bay
Happy Diving 3541807	Aquarius Diving Club .. Tel/Fax: 3590308/13
Hor Palace D.C. 3443710 Fax: 3442603	Emperor Divers..... 01224888779
Ilios Dive Club 01222369926	Extra Divers 01001276108/3590000
IMEI Divers 01222460380/3448141	The Crab-Makadi Bay..... 3590215
Itab Nouvel..... 3465073	
James & Mac..... 3463003 Fax: 3462141	Sharm El Naga
Jasmin Sport..... 01222447897 Fax: 3460334	Sharm El Naga 01001234540
King Tut 3546833	
Lion Heart..... 01223379416	Soma Bay
Magawish 3464621	Barracuda 3260049
Manta Divers..... 3548628	Orca Diving Center..... 3545004
Mares Diving Center..... 3556485	Robinson Club 3549854
Marine Scuba 3445330	Soma Bay Diving Center 3545004
Marine Sports Club 3463005	
Marlin Inn D.C. 3443791 Fax: 3443353	Safaga
Masters Club 3463660	Alpha Red Sea..... 3253229
Mermaid Diving Center 01223649529	Barakuda-Lotus Bay 3253911/Fax: 3251476
Mina Mark Aqua Center 3447792	Big Blue 3253581/01227327074
Mirage Marine Fleet 01222113183	Calypso Diving Center..... 01227919222
New Dino 3553586	Diving Center Int. 3442982 Fax: 3179455
Nizar Diving Center..... 01001798887	Dune..... 3253075
Ocean Red..... 3442275 Fax: 3442273	Emperor Divers..... 01222385760/2
Only Six 3620533	International Divemasters 3549745
Oscar Diving Center 01222242087	Mena Dive..... 3260060
Oxygen Easy Divers 01222305202	Nemo Dive Club & Hotel 3648708
Panorama Divers..... 01002543214	Orca Red Sea..... 3260111 Fax: 3260054
Prince DC 01227051216/01222484015	Shams - Safaga 3251781 Fax: 3251780
Pro Sea Team-Conrad 01222182393	Toms Diver House / Fred
Red Sea Dolphin 3444146	Lombard 01223615461
Red Sea Scuba Schools 3444854	United Divers 3253687
Sadco 3442038	Volkert..... 3251631
Sahara Diving Center..... 3548302	
Sara Divers..... 3549672	Al Quseir
Seafari Red Sea 01001500034 Fax: 3462157	Diving.de Akassia 01222416739/01224397342
Sea Horse 3547621	Diving.de Carnelia 01221617120
Sea Serpent Fleet..... 3448036 Fax: 3448036	Diving.de El Flamenco 01221165152
Sea Wolf Divers 01227385203	Duck's Dive Center... 3334510/01223836108
Sea Wolf Diving Safari 01223585016	Extra-Divers, Radisson SAS... 01006026099
Sharky 3463004	Marsa Alam Divers 3334871-5
Sinai Divers 01222294432/01222280630	Pharaoh Dive Club..... 01006822000
Somaya &	Rocky Valley 3335247
Rudi Kneip..... 3442960 Fax: 3443234	Sub Aqua 3334533
Scuba World Diving Club 01069117778	Subex 3332100 Fax: 3547471
Son Bijou 01223245296 Fax: 3544680	Utopia Diving Club 3334532
South Red Sea Susanna 01223573985	
Stingray 3443261 Fax: 3443267	

Marsa Alam

Aquarius Awlad Baraka 01006460408
Beach Safari 01006103376/01227457824
Blue Heaven
Holidays..... 01001041692/01002485330
Deep South 01227923336/01223258869
Diving Ocean 01001754354
Emperor Divers..... 3700222/01227372126
Extra Divers 01000095561/3
Extra Divers Port Ghalib..... 01069464258
Nakari Divers 3380021/26
Ocean New Project 01227484335
Ocean Pro 01095100356
Orca El-Zabargad..... 01005289119

RED SEA DIVING SAFARI

Marsa Shagra 01222449073
Marsa Nakari 01282166511
Wadi Lahami 01223913786
Reservation no. 0653380021
info@redsea-divingsafari.com
www.redsea-divingsafari.com



Seafari-Brayka Bay Village 01001500034
Wadi Al Gimal 3251780/01222444931/2
Wadi Lahmy 3380021/26
Vera Sub - Elphistone..... 01227371921
Venta Diving 01222289057

DIVING EQUIPMENT & SERVICES

Amir Suunto 3544739/01224667995
Coltri 01007778202
Delta Tech 3542754
Dive Ex 01223399334
Dive Oasis 01276152696
Dive Mix 01000096033
Diving House 3447810/01003330395
G.S.C. Diving Technologies..... 01007778202
Joseph Tech (Safaga) 01112148600
Horizon 01141110097/01224925283
Maya 01005630130
Nemo Tec (Al Quseir)..... 3336478
Outboards 01066686606
Red Sea Diving Equipment 3549088

Scuba Online

Diving Equipment

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Mobile: 01016003888
01220240512

Mail: info@scubaonline-eg.com
Web: www.scubaonline-eg.com



Scubapro 3555925
Scubatec Egypt 3559597
SeaWolf Divers 01227805044
SeaWolf Diving Safari 01227461076
Skubba 01222443088

COMPRESSORS / NITROX

Bauer Kompressoren..... 3552747
Dive Mix 01000096033
Coltri Sub Compressors..... 01007778205
Nitrox Network 3451270/01281531836
Technic 01007739774
Pressure Tech 3549088

To have your number

included and updated

in our listing section

please send it via email

before October 10th to:

info@redsea-bulletin.com

HOTELS

Hurghada

Aladdin Beach Resort Tel./Fax: 3460470
Albatros Palace ... 3464168/78 Fax: 3464179
Alf Leila Wa Leila 3464601-9 Fax: 3464605
Alia Beach Resort 3451367 Fax: 3451365
Ali Baba Palace 3460463 Fax: 3460499
Ambassador Club... 3462501-5 Fax: 3462505
AMC Azur Resort 3502012 Fax: 3502015
Andreas 3442251
Aqua Fun 3443691 Fax: 3443694
Aqua Vista 3464162-6 Fax: 3464167
Arabella 3545087 Fax: 3544890
Arabia Beach 3548790 Fax: 3544777
Beach Albatros ... 3464001-11 Fax: 3464000
Beach Albatros
Garden 3464801-8 Fax: 3464810
Beirut Hotel 3548906 Fax: 3546680
Bel Air Beach 3544500 Fax: 3545010
Bella Vista 3448691 Fax: 3443548
Biba Hotel 3444908 Fax: 3442565
Bravo Mount Verde 3555606
Brigitte Hotel 3502053
Calimera 3502053-58 Fax: 3502052
Canary Hotel 3543808
Charm Life 3463630
Coral Beach 3461610 Fax: 3461616
Coral Sea 3460020 Fax: 3460023
Dana Beach 3460401-12 Fax: 3460400
Desert Rose 3460600 Fax: 3460608
Eiffel Hotel 3444570
El Arosa Hotel 3549190
Elysées Apartment Hotel 3443980
El Gezirah 3547785/3547809
El Kasr 3447352 Fax: 3447351
El Samaka 3465146/3
El Tabia 3442350 Fax: 3442351
Fantasia 3444402 Fax: 3546580
Festival Le Jardin 3502600 Fax: 3502605
Festival Riviera 3502221 Fax: 3502220
Friendship Village 3443100
Geisum Village 3546692
Giftun Village 3463040-8 Fax: 3463050
Golden Five 3446300 Fax: 3446307
Golden Rose 3440871 Fax: 3440876
Golden Sun 3444403 Fax: 3445198
Golf Hotel 3442828/3444328
Grand Hotel 3463100 Fax: 3463105
Grand Plaza Hotel ... 3465243-9 Fax: 3465060
Grand Resort 3463107 Fax: 3463109
Grand Seas 3460111 Fax: 3460222
Green Palace 3548368
Happy Land 3547373
Hilton Long Beach Resort 3461500-9
Hilton Plaza 3549745 Fax: 3547597
Hilton Resort 3465039 Fax: 3465035
Heliopolis Hotel 3446012
Hor Palace 3465301-3 Fax: 3465300
Iberotel Arabella... 3545086-9 Fax: 3545090
Jasmine Village 3460460/3 Fax: 3460454
Jaz Aquamarine 3461100 Fax: 3461109
Jungle Aqua Park ... 3464602-5 Fax: 3464601
King Tut 3554405 Fax: 3554406
Lamera Hotel 3442075
La Perla Tel/Fax: 3443281
Le Pacha 3444150 Fax: 3443705
Les Rois 01001265364 Fax: 01001267713
Lilly Land 3460001
Magawish 3464620 Fax: 3464633
Marina Residence..... 01110060793
Marlin Inn 3443791 Fax: 3443790
Marriott 3446950 Fax: 3446970
Mashrabeya 3443332 Fax: 3443344
Mercur Hurghada... 3464641-8 Fax: 3464640
Mina Mark 3447791-5 Fax: 3447792
Mirage Resort & Spa 3465072/78
Mirette 3547791 Fax: 3547794
Mövenpick Resort 3465100 Fax: 3465101
Nubia Aqua Beach Resort 9201750
Old Vic 3442235 Fax: 3442064
Palma De Mirette... 3547794-5 Fax: 3547795
Palm Beach 3500035 Fax: 3500044
Panorama Bungalows Resort..... 3502300
Paradise Charm Life 3463636
Paradise Village 3446300
Pharaohs Hotel 3547577
Philopater Hotel 3541104
Premium Grand Horizon..... 3447500
Princess Club 3465001-4 Fax: 3465007

Telephone Listing

Reemyvera 3460010 Fax: 3460014
 Regina Style 3442275 Fax: 3442274
 Ritz Hotel 3547031
 Roma 3448141
 Royal Palace 3463661-2
 Sand Beach 3547822 Fax: 3547822
 Sahara 3548301
 Sapphire Suites Hotel 3447744
 Sea Garden 3447492-9
 Sea Gull Resort 3440351
 Sea Horse 3547016
 Sea Shell 3442901
 Sea Star
 Beau Rivage 3542000 Fax: 3545100
 Sea World Resort 3464809-16
 Sea View Hotel Tel./Fax: 3545959
 Sentido Mamlouk
 Palace 3460140 Fax: 3460154
 Siva Grand Beach 3463121 Fax: 3463130
 Shedwan Garden
 Hotel 3555051 Fax: 3555054
 Shedwan
 Golden Beach 3547007 Fax: 3548045
 Sherry Hotel 3442709
 Sindbad Aquapark 3449601
 Sindbad Beach 3443261
 Sindbad Family 3449602
 Sindbad Resort 3449603
 Siva Grand Beach 3463131-3 Fax: 3463130
 Sol Y Mar Ivory
 Suites 3462610 Fax: 3462888
 Souvenir Hotel 3447352
 Sonseta Pharaoh 3461001-5
 Steigenberger Al Dau
 Beach Hotel 3465400 Fax: 3465410
 Steigenberger Aqua
 Magic 3465400 Fax: 3465410
 St. George 3548246
 St. Maria Resort 3465161
 Sultan Beach 01006017152 Fax: 3465053
 Sun & Sea hotel 3449384
 Sunny Beach
 Resort 01220004571 Fax: 01280853588

Sunny Days Palacio...3551780 Fax: 3551788
 Sunrise Crystal Bay..3460020 Fax: 3460025
 Sunrise Le Jardin.....3502600 Fax: 3502605
 Sunrise Select
 Garden Beach 3460040 Fax: 3460053
 Sunrise Holidays 3445080 Fax: 3445085
 Tabia Hotel 3442350 Fax: 3442351
 The Grand Marina 3463100 Fax: 3463105
 Topaz Club 3447744 Fax: 3446315
 Three Corners 3548818/9
 Titanic Aqua Park 01003408900
 Titanic Beach Resort 3461420 Fax: 3461430
 Triton Empire Beach
 Resort 3547816 Fax: 3548816
 Triton Empire Hotel 3549200 Fax: 3549212
 Triton Empire Inn 3549200 Fax: 3549212
 Waves Resort 3447529 Fax: 3447529
 White Albatros 3442519
 Zahabia 3548652

El Gouna

Ali Pasha Hotel 3580088 Fax: 3580088
 Arena Inn 3580078 Fax: 3580079
 Captain's Inn 3580170
 Club Paradiso 3547934 Fax: 3547933
 Dawar El Omda 3545600 Fax: 3545601
 Fanadir 3580076 Fax: 3545060
 Mövenpick Resort 3580120 Fax: 3545160
 Mosaïque 3580077 Fax: 3545060
 Panorama Khan Hotel 3580052
 Sheraton Miramar 3545106/684
 Steigenberger Golf 3580140 Fax: 3580149
 Sultan Bey 3545600 Fax: 3545601
 TTC Ocean View 3580350 Fax: 3580355
 TTC Rihana Inn 3580025 Fax: 3580030
 TTC Rihana
 Resort 3580025-29 Fax: 3580030
 Turtle's Inn 3580170 Fax: 3580170/1



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 Citadel Azur 3605000 Fax: 3605001/2
 Old Palace 067 5200220
 Palm Beach Piazza 01281444303
 Pyramisa Beach
 Resort 0128162261/2 Fax: 01226977797
 Premier Ibrahim Pasha Hotel .. 01110778856
 Premier Romance Boutique
 Hotel & Spa 01110778856
 Premier Le Rêve Hotel & Spa... 01110778856
 The Oberoi 3440777
 Tropitel Resort 01220071288

Makadi Bay

Cleopatra Resort 3561700 Fax: 3561701
 Club Azur 3590319-24 Fax: 3590316
 Fort Arabesque 3590200 Fax: 3590209
 Jaz Makadi Bay View & Golf
 Resort 3590530 Fax: 3590540
 Jaz Makadi
 Star & Spa 3590580 Fax: 3590079

Jaz Makadi

Golf Hotel 3590530 Fax: 3590540
 Harmony Resort 3590359 Fax: 3590360
 Iberotel Makadi
 Beach 3590000 Fax: 3590020
 Iberotel Makadi
 Oasis Resort 3590050 Fax: 3590059
 Iberotel Makadi
 Palms 3590530 Fax: 3590540
 Iberotel Makadi
 Saraya Resort 3590120 Fax: 3590129
 Makadi Beach 3590000
 Makadi Club Oasis
 & Family Resort 3590050 Fax: 3590059
 Makadi Palace 3590150 Fax: 3590151
 Makadi Spa 3590150 Fax: 3590161
 Royal Azur 3590306/13
 Saraya Suites 3590120 Fax: 3590029
 Sensimar Makadi 3590060 Fax: 3590079
 Serenity 3590960
 Sol Y Mar
 Club Makadi 3590025 Fax: 3590035

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- * Chi-Gong for EYES
- * Taijiguan (Chen-24)
- * Dzen Yoga Terapy
- * Sretching

Monday & Wednesday - 10.30am

С октября

- * ЦИГУН "Парящий Журавль"
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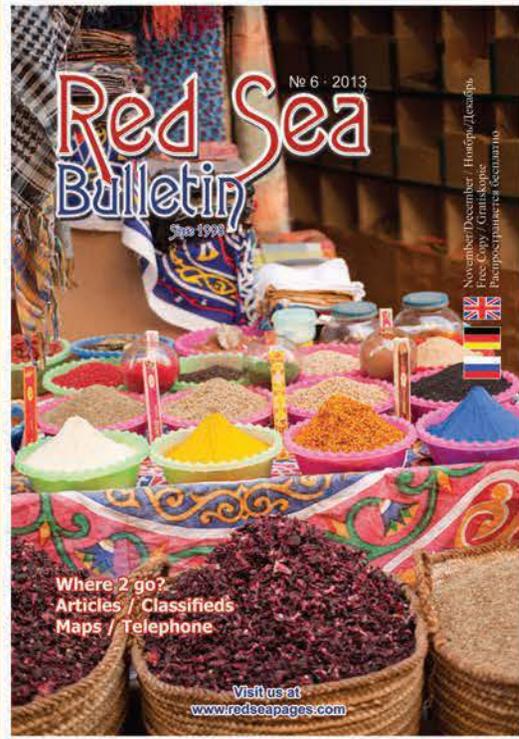


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